

# SportSafe

## Australian Sports Injury Data Dictionary

**Guidelines for injury data collection and classification for  
the prevention and control of injury in sport and recreation.**



**SportSafe Australia**

Australian Sports  
Commission

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**SportSafe Australia**  
Australian Sports Commission

## **Acknowledgments**

This working document of the Sports Injury Data Dictionary was prepared by the Australian Sports Injury Data Working Party, with support from the Australian Sports Injury Prevention Taskforce and Active Australia.

In 1996/98 the Australian Sports Injury Data Working Party comprised the following members:

Chair: Dr Caroline Finch (Deakin University)  
Members: Assoc Prof James Harrison (Australian Institute of Health and Welfare and Flinders University)  
Ms Donna Harvey (Australian Sports Commission)  
Mr Ron Burns (Confederation of Australian Sport)  
Ms Jenny Williams (Sports Medicine Australia - SA Branch)

### **About the Working Party**

The ASID Working Party is a national group including representatives from the fields of epidemiology, statistics, database management/computing, injury surveillance, sports administration, both male and female sports participants, sports medicine professionals. It also has links with major national health and sport data collections, such as the National Injury Surveillance Unit, Australian Bureau of Statistics and the Active Australia Monitoring Group.

Wide consultation has taken place in the development of the data dictionary, which has included a one day workshop, a session at the Australian Conference of Science and Medicine in Sport 1997, and working meetings and valuable comments and input from Dr David Chalmers, Alex Donaldson, John Orchard, Dr Willem van Mechelen, Dr David Janda, and the Qld, SA and WA Branches of Sports Medicine Australia.

**TABLE OF CONTENTS**

ACKNOWLEDGMENTS ..... 2

TABLE 1: SUMMARY TABLE OF DATA ITEMS AND SOURCE ..... 4

INTRODUCTION..... 5

ADMINISTRATION ITEMS ..... 9

*Person recording case information*..... 9

*Immediate source of injury record*..... 9

*Date of injury*..... 10

*Time of injury*..... 10

*Date of Injury Record*..... 10

DEMOGRAPHICS..... 11

*Age* ..... 11

*Gender*..... 11

*Area of usual residence*..... 11

*Place of injury occurrence* ..... 12

*Name of injury place - text*..... 12

*Place of Injury - Type*..... 13

*Sport and Recreation places- Specific* ..... 13

*Part of Specific Injury Place* ..... 16

ACTIVITY WHEN INJURED..... 17

*Activity when injured: broad areas*..... 17

*Activity when injured - Name of sport or activity*..... 18

*Phase or aspect of involvement in activity or event* ..... 20

*Activity when injured: grade or level*..... 20

INJURY FACTORS ..... 21

*Equipment used with intent to protect against injury* ..... 23

MECHANISM OF INJURY ..... 24

*Narrative of mechanism of injury* ..... 26

INJURY SITE ..... 27

*Body Region and Body Chart*..... 27

*Specific Structure Injured*..... 28

NATURE OF INJURY - PATHOLOGY..... 30

*Provisional Diagnosis* ..... 32

*Diagnosis Text* ..... 32

TREATMENT FACTORS ..... 33

*Date of presentation*..... 33

*Time of presentation for treatment* ..... 33

*Reason for presentation*..... 34

*Treatment*..... 35

*Advice given to injured person*..... 36

*Referral*..... 36

*Treating Person*..... 37

REFERENCES ..... 38

APPENDICES..... 39

*Appendix A: Orchard Sports Injury Classification System (OSICS)* ..... 39

*Appendix B - Sports injury definitions* ..... 45

*Appendix C - Injury severity definitions* ..... 46

*Appendix D - Major Injury Factors NDSIS v2c* ..... 47

*Appendix E - An example of a Sport Specific Data Collection Form*..... 51

**Table 1: Summary table of data items and source**

<b>Data Item</b>	<b>Data Source/s</b>	<b>Core or Recommended Item</b>
<b>Administration Items</b>		
Person recording case information	ASIPWP	Strongly recommended
Immediate source of injury record	ASIDWP	Strongly recommended
Date of injury	NDSIS v2.1	Core
Time of injury	NDSIS v2.1	Recommended
Date of injury record	NDSIS v2.1	
<b>Demographics</b>		
Age	NDSIS v2.1	Core
Gender	NDSIS v2.1	Core
Area of usual residence	NDSIS v2.1	Strongly recommended
<b>Place of Injury Occurrence</b>		
Name of injury place - text	ASIDWP	Strongly recommended
Place of injury - type	NDSIS v2.1	Strongly recommended
Sport and recreation places - specific	ASIDWP	Strongly recommended
Part of specific injury place	ASIDWP	Recommended
<b>Activity When Injured</b>		
Activity when injured - broad areas	ICECI	Core
Activity when injured -name of sport or activity	ASIDWP, ASC, NDSIS v2.1, CAS	Strongly recommended
Phase or aspect of involvement in activity or event	ASIDWP	Recommended
<b>Major Injury Factors</b>		
Injury Factors	NDSIS v2.1, ASIDWP	Strongly recommended
Equipment used with intent to protect against injury	ASIDWP	Strongly recommended
<b>Mechanism of Injury</b>		
Mechanism of injury	NDSIS v2.1, ASIDWP	Core
Narrative of mechanism of injury	NDSIS v2.1	Strongly recommended
<b>Body Region Injured</b>		
Body region and body chart	NDSIS v2.1	Core
Specific structure injured	ASIDWP	Recommended
<b>Nature of Injury - Pathology</b>		
Nature of injury	NDSIS v2.1, ASIDWP	Core
Provisional diagnosis text	Free text	Optional
<b>Treatment Factors</b>		
Date of presentation	NDSIS v2.1	Strongly recommended
Time of presentation	NDSIS v2.1	Recommended
Reason for presentation	ASIDWP	Recommended
<b>Treatment</b>		
Treatment	ASIDWP	Strongly recommended
Advice given to injured person	ASIDWP	Strongly recommended
Referral	ASIDWP	Strongly recommended
Treating person	ASIDWP, SMA	Strongly recommended

## **Introduction**

Australian information on the incidence, severity and causes of sport and recreational injury is limited. There are several sources of sports injury data which include:

- VISS - Victorian Injury Surveillance System, which analyses data from 25 Victorian hospitals
- SMIS (Sports Medicine Injury Surveillance) project which is collecting data on new injuries presenting to 5 sports medicine centres in Melbourne
- hospital discharge data (beginning with cases in 1996/97)
- NSW Youth Sports Injury Report
- sporting organisation or competition collections such as the AFL injury record
- insurance records
- individual sport, club or practitioner collections

*(Please refer to the SportSafe web page for contact details for data collections on [www.ausport.gov.au/partic/spsafe.html](http://www.ausport.gov.au/partic/spsafe.html))*

With such a variety of sources of injury information, all collected with different methodology, it is difficult to provide comprehensive information on the incidence, costs and impact of sports injury in Australia.

Injury surveillance is the ongoing systematic collection, analysis and interpretation of health data needed to plan, implement and evaluate public health programs (Graitcer et al., 1987). Injury surveillance can provide the information necessary for determining priorities and targets for prevention activities by specific sports, organisations, or groups of participants (Finch, 1997). Surveillance data can sometimes be used to evaluate the effectiveness of current activities or be used to trial new policies on rules or protective equipment.

Barriers towards collecting sports injury data by clubs and organisations include the lack of clear guidance about what information to collect and how it should be done. A standardised data collection methodology, including a simple to use data collection form, was identified as a key requirement by sporting clubs and organisations (Finch et al., 1995).

### **Australian Sports Injury Prevention Taskforce**

The feasibility of a national sports injury data and information system was identified as a priority in 1997 by the Australian Sports Injury Prevention Taskforce (ASIPT). A vital element of this system would be the sampling and collection of information across all levels of sport and recreation. To do this, a standardised approach to the collection of injury data in a variety of sport settings was recommended for investigation. The Australian Sports Injury Data (ASID) Working Party was established in October 1997 to undertake this project.

### **Australian Sports Injury Data Working Party**

The working party conducted a review of local and international data sources and current Australian sports injury data deficiencies. The main data sources included the National Data Standards for Injury Surveillance Version 2.1 (NDSIS v2.1), International Classification of Diseases Version 9 and 10 (ICD 9 & 10), Orchard Sports Injury Classification System (OSICS) and a sample of national and international injury data collection forms. This review guided the development of a sports injury data dictionary for sports injuries in Australia.

Sports injury information can be collected from a variety of settings which include hospital emergency and outpatient departments, sports medicine clinics, medical practices, sporting and recreational venues and schools. The person recording the information can vary between settings, with a sports first aider recording information at a club, or a doctor recording information at a clinic or hospital. Therefore, the data dictionary and data collection forms need to be comprehensive, but also user friendly. The ASID working party has focused on the information requirements for non-professional formal sport, school sport, and data from clinical and insurance settings, as these areas are not well serviced by current data collection resources.

### **Australian Sports Injury Data Dictionary**

The Australian Sports Injury Data Dictionary has been developed to provide guidelines for injury data collection and classification for the prevention and control of injury in sport and recreation. The dictionary is written to assist sporting and recreation organisations, researchers, sports medicine professionals, first aiders and individual clubs collect information on sports injury. The sporting organisation or researcher may customise a data collection form to suit their needs, but a sporting club may choose to use the sport specific forms. The dictionary is prescriptive in the use of data categories and options within those categories. This is necessary if the advantages of comparability and consistency are to be gained. Users are, of course, free to design forms and data systems that meet their needs, and to extend the items and classification in the Dictionary.

A definition of sports injury is essential for all data collections, and a formal definition that is workable for all settings has not been established. Several definitions of sports injury are included in Appendix B. Whatever definition of injury is used for a collection, it is important that it is documented, understood and applied in the data collection process. For instance, an injury sustained at the 1997 Australian Masters Games was defined as an injury incident in which a member of the sports medicine team attended and provided treatment. This included assessing a concussion, dressing a wound or taping an injured finger. If the team member was called to assess an injured player, but no injury was evident and the player returned immediately to play, then an injury report was not required.

Injuries range from trivial to devastating. Sometimes injury severity forms part of the case definition for an injury surveillance system (eg one may wish to omit trivial injuries) and it is often useful to record information that indicates the severity of the cases. The best developed approach to measuring injury severity is in terms of "threat to life" (eg Osler 1997). Fortunately most sports injuries pose little or no threat to life, so other approaches to severity measurement are required (van Mechelen 1997). These can include:

- the nature of injury eg fracture or bruise
- the duration and nature of treatment of the injury eg surgery or rest
- sports time lost eg 3-6 months for an ACL reconstruction, 3 weeks for a ligament sprain
- working time lost (this can vary depending on the occupation of the person)
- permanent damage eg permanent disability such as loss of an eye, head injury
- costs of sports injury, includes the financial implications of the previous 5 dot points

Further description on severity of injury is included in Appendix C.

## **Issues Addressed by the Data Dictionary**

Some of the identified problem areas from the review of current injury data collections have been addressed by the ASID working party in the working draft of the dictionary. The number of sports and activities listed in the dictionary has been expanded from 35 in the NDSIS v2.1 to over 120. Additional categories in the 'activity when injured' category allows for formal club sport to be differentiated from social sport, recreation, fitness activities and informal play. This information allows identification of the organisation or individual who is responsible for the safe conduct of the activity, which will help to target the most appropriate injury prevention strategy.

Place of injury has also been addressed to provide a further breakdown of 'recreation/fitness area' and 'sports or athletic area' area into practical classifications of where people are participating. The responsibility for the provision of a safe environment can lie with local, state and federal governments, and private facility owners. Policies directed at providing safe environments will need to be developed in conjunction with these facility providers. The additional classifications of sport and recreation places will also provide information on levels of participant supervision. A surfer at an unpatrolled beach will have minimal supervision, whereas, an indoor cricket game will be well supervised. It will be easier to implement prevention strategies in a well supervised place of activity.

Injury factors are broken into types of objects, substances and environment factors involved in the occurrence of injury. A list of potential sports injury factors have been subjectively edited from the NDSIS v2c list. This list will be modified so that the most relevant factors to sport are listed and the use of the 'other' category will be minimal. Factors that are shown to be not related to sports injury will be deleted. The complete NDSIS v2c list is in Appendix D.

The use and regulation of protective equipment can be quite a controversial issue in sport. Bicycle helmets are now mandatory in Australia, but even though there is data to support the use of helmets, cyclists still show resistance by carrying their helmets on the handle bars. Questions on the use of protective equipment on the injured body part have been included in the dictionary to establish relationships between equipment and injury. This information will assist sports, clubs or controlling bodies make decisions on the use of protective equipment.

The options for 'body site of injury' have been fairly limited in the reviewed data collection forms. Comments received from the field included that it was difficult to select the most appropriate category for a groin strain and that the categories were not specific enough for a professional filling out the form. Dr John Orchard has developed a classification of injury system that address the specific body and is included in Appendix A. As well, the NDSIS v2.1 list of body regions has been expanded into specific structures such as muscle, ligament, blood vessel, cartilage and nerves. This will allow further identification for data entry and subsequent searching of specific injuries such as muscle tears, tendon injuries and bony fractures.

'Nature of injury presented' using the list from the NDSIS v2.1 with additions that account for the most common sports injury pathology. Recent data collections from masters, university and police and fire games revealed that sprain and strain were the most common injuries accounting for 48% of injuries at the Healthpact 6<sup>th</sup> Masters Games in Canberra in 1997. The categories of sprain and strain have been separated in the data dictionary, with other addition such as blisters, hypothermia or heat stress, bruise/haematoma and inflammation/swelling.

Treatment factors are included in the dictionary as injury reporting is often conducted at treatment settings. Adequate documentation of treatment is essential for ongoing treatment, medico-legal reasons and to provide the necessary information for injury analysis. Treatment information will also provide details to analyse the cost of injury, the severity of the injury and the services required to provide sports medicine coverage for events.



### **Working Draft of the Dictionary**

This dictionary is distributed as a working draft, recognising that it is yet to be applied in the settings of sporting and recreation clubs, sporting and recreation organisation, sporting districts, local councils or schools. The dictionary and associated data collection forms and an Access database will be available to a large cross section of sporting organisations and settings for feedback on the usefulness of the document and associated resources. Comments are sought and are most welcome. The dictionary, data forms and database are available without cost by downloading the files from the SportSafe web page ([www.ausport.gov.au/partic/spsafe.html](http://www.ausport.gov.au/partic/spsafe.html)). Hard copies or disk copies are available from the ASC bookshop at a cost.

*Please address comments on the dictionary, data forms or database by email to [sportsafe@ausport.gov.au](mailto:sportsafe@ausport.gov.au) or by post to Sports Medicine Australia, PO Box 897, Belconnen ACT 2616.*

## Administration Items

### Person recording case information

- Definition** This data item characterises the person providing the injury details on the data collection form. It is **not** the setting of the data collection. Typically, but not always, this will be the person providing the initial management, treatment or assessment of the injury, eg. emergency department staff, sports trainer etc.
- Guidelines** Select the first appropriate category in the list or select other and specify if known.
- Comment:** The item is useful for identifying who is completing the forms in a particular setting also establishing expectations on the quality of the data.

#### Coding Options

1. self - injured person
2. health professional (includes, nurse, doctor, allied health professionals)
3. sports first aid/ sports trainer
4. parent or guardian
5. other (specify) \_\_\_\_\_
99. unknown

### Immediate source of injury record

- Definition** This item describes the immediate source of where the injury data is collected.
- Guidelines** Select the most appropriate source of the injury record.
- Comment:** Injury records will differ in the variety of settings. Insurance records are often compiled a significant time after the injury and be a compilation of medical and allied health records. The amount of information related to treatment will also differ between the sources.

#### Coding Options

1. hospital - ambulatory (includes emergency department and outpatients)
2. hospital - in-patient record
3. sports medicine clinic record
4. other health clinic record (eg General Practitioner)
5. dental records
6. allied health service records
7. insurance company records
8. sports event medical coverage service records
9. school records
10. sporting club or organisation records (eg pony club, basketball club)
11. sporting and/or recreation facility records(eg indoor stadium, aquatic centre)
12. tertiary education setting records
13. other setting records (specify) \_\_\_\_\_
99. unknown

### **Date of injury**

This item provides the date on which the injury occurred. The date of injury should be a compulsory data item in all sports injury data collections. It should be recorded in the following format:

DD/MM/YYYY

### **Time of injury**

The time at which the injury occurred should be recorded by using a 24 hour clock. A 12 hour clock may be used on a data collection form but it is important to indicate whether the injury occurred during the morning or afternoon.

In some settings, where the time of treatment of the injury is also recorded, the difference between these two variables can be used to determine the time lag between injury and administration of treatment.

HrHr/MinMin am/pm

### **Date of Injury Record**

This item is the date on which the injury record is made. It is not necessarily the same as the date of injury. For example, a person may not attend a sports medicine clinic for treatment of their injury until days after the injury occurred. This date can be cross referenced to the source of record date of injury.

DD/MM/YYYY

## Demographics

### Age

The age at the time of injury of the injured person is one of the most important variables needed to characterise people and populations. It should be a compulsory data item for all sports injury data collections. Recording of the Date of Birth is the preferred measure of age, since it allows direct comparison with other variables such as the Date of Injury.

#### Date of Birth

DD/MM/YYYY

If age (in years) is used, this should be recorded as the "age last birthday".

#### Age in years

XXX years

Comment: if there is reluctance for the person to reveal their date of birth, the month and year is desirable.

### Gender

The gender of the injured person should be recorded in ALL sports injury data collections since injury risk appears to differ between males and females. The following coding is recommended.

#### Coding Options

1. male
2. female
3. not stated, inadequately described.

### Area of usual residence

The area of usual residence is an important demographic variable. It may not necessarily be the same as the area where the injury occurred. It is used to build a demographic profile of the injured population.

XXX

In order to fully characterise the demographic profile of a group of people, additional information may be required. The suburb name should therefore also be given in words.

Suburb name

Comment: Postcodes vary greatly and this variable is often difficult to use.

## **Place of injury occurrence**

**Definition** Place where person is participating in activity and is injured

The place of injury is important in data collections to ascertain where the injury occurred with sufficient detail to describe the place/venue/facility. This information is useful for determining the patterns of injury as they relate to the types of places that people use for sport, recreation and leisure.

An activity that is undertaken in an indoor or outdoor environment can have a very different risk profile. Weather can impact greatly on the playing conditions in an outdoor environment and influence temperature, humidity, surface conditions of the playing area or water conditions. For indoor facilities, the environment can be better controlled and greater risk of injury may relate to factors such as placement of equipment and separation of players from spectators and officials.

Most often, the place of injury on an injury surveillance form will name the specific place of injury for example, a specific leisure centre, tennis centre or aquatic complex. This level of identification is suitable for analysis at a local level, but it will be important for large scale injury surveillance that the injury place is defined according to national data standards.

To improve the safety of the playing environment, it is important to ascertain who is responsible for providing the facility or outdoor area. The owner may be a local council, state or federal government, private owner or lessee. It may be the council's responsibility to provide the facility and to maintain it, but it is also a club or organiser to ensure the area is safe before activity commences.

## **Name of injury place - text**

**Guidelines** write actual name of place in text (eg Melbourne Cricket Ground)

## Place of Injury - Type

(Data source NDSIS v 2.1, p 26)

**Guidelines** Choose the most appropriate category or for the injury place. If more than one is appropriate, choose the one first in the list.

1. Home (includes farm house)
2. Residential Institution (excludes hospital)
3. School, other institution or public administrative area (excludes hospital [4]; includes child day care centre)
4. Hospital or other health service
5. Recreation/fitness area (place mainly for informal recreational activity)
6. Sports or athletics area (place mainly for formal sports)
7. Street or highway (public road)
8. Trade or service area
9. Industrial or construction area
10. Mine or quarry
11. Farm (excludes farm house)
12. Other specified place (includes forest, beach, abandoned building)
13. Unspecified place

## Sport and Recreation places- Specific

**Definition:** The type of place for sport or recreation at which the injury was sustained.

**Guidelines:** "Specific Sport and Recreation Place" is intended to enable more specific coding of places coded to "5. Recreation/fitness area" or "6. Sports and Athletics area" in the previous item, "Place of injury – Type".

First, select the most appropriate category from the "Specific Sport and Recreation Place" list. Second, indicate whether this Place is best described as an "indoor" or "outdoor" place. Third, select the most appropriate type of owner/manager for the place.

This list includes the most common types of venues at which sporting activities occur, with special emphasis on places designed for this purpose. It is not exhaustive, and sport sometimes occurs at many other types of place. Use the "other" categories to record such places.

In this item, *outdoor* and *indoor* refer to the venue. This may not always correspond to the location of the person when injured. For example, use *outdoor* for injuries at or around a swimming pool that is open to the sky, even injuries that occur in a changing room.

*Owned or managed:* A venue may be owned by one party (eg a State government) and managed by another (eg a sports federation). Select the party with most direct operational control over the venue – usually the managing body.

**Comment:** For more detailed coding of types of place that are not specialised sport or recreation places, consider using the NSD-IS items "Place – sub-type" and "Place – part".

## **A. Categories of specific sport and recreation place**

### **Places intended to be used solely or mainly for a particular sport**

*Includes places used by more than one sport with very similar requirements, or for which the place is modified from time to time (eg a field used for one sport in summer and another in winter). Record according to the use of the venue when the injury occurred.*

*Includes the whole of a venue – ie: playing area, spectator areas, changing and storage areas, etc.*

#### **1. Court**

1. tennis
2. basketball
3. netball
4. squash
5. volleyball
6. court for other sport

#### **2. Field**

*Includes playing areas given special names such as pitch, oval, ground and diamond.*

1. Australian football
2. soccer
3. rugby league
4. rugby union
5. cricket
6. hockey
7. baseball
8. softball
9. field for other sport

#### **3. Track and field venue**

1. Track and field venue

#### **4. Combat sport venue**

1. boxing venue
2. other combat sport venue

#### **5. Racing track**

1. velodrome or other cycling track
2. motor-sport track
3. horse racing track
4. other racing track

#### **6. Target range**

1. shooting (all types of firearms)
2. archery
3. other target range
- 4.

#### **7. Other specialised sports place**

1. golf course
2. tenpin bowling venue
3. lawn bowls
4. climbing venue
5. other specialised sports place \_\_\_\_\_
- 6.

**Places intended to be used for multiple sports, or sport and recreation**

*Includes places normally used for two or more sports at the same time (eg sporting complexes) and multipurpose venues.*

*Includes places used for sport and for recreation (eg many swimming pools)*

8. Swimming facility
9. Fitness centre
10. Sports ground (multi-purpose or undefined)
11. Gymnasium
12. Ice rink
13. Snow sports area
14. Skate-boarding/in-line skating facility
15. Dance venue
16. Billiards, pool, snooker venue
17. Other multiple use sports facility \_\_\_\_\_

Other and unspecified places

*Includes: places not primarily intended for sport or recreation.*

18. Other place \_\_\_\_\_  
(ie a place coded 1 to 4 or 7 to 12 in Place of injury – Type)

19. Unspecified place

**B. Indoor or outdoor place**

1. indoor
2. outdoor
3. other \_\_\_\_\_
4. unknown

**C. Owned by or managed by**

1. local council
2. state government
3. federal government
4. private
5. other \_\_\_\_\_
6. unknown



## Part of Specific Injury Place

**Definition** part of specific injury place

**Guidelines** this category can include travelling to and from an activity. This item identifies the part of the venue where the injury occurred. A more specific explanation can be defined using the 'other' category, for example in a specific quarter or zone of play.

1. within the bounds of the participation area/field of play
2. surrounds, including spectator area, car park, officials area
3. warm up area
4. dressing rooms, showers
5. travelling to and from event/activity
6. other \_\_\_\_\_
7. unspecified

## Activity when injured

### Activity when injured: broad areas

(Source: International Classification for External Causes of Injuries [ICECI])

- Definition** The general type of activity being undertaken by the person when injured.
- Context:** This item categorises sport into 'organised' and 'unorganised' categories. The unorganised category was created to include informal and social sport, fitness activities, and recreational activity. These categories are important to differentiate injuries that occur in a formal club structure to those that occur ad hoc such as in back yard cricket and touch at lunchtime.
- Guidelines** Select the most appropriate item which best characterises the type of activity being undertaken by the person when injured. If two or more items are judged to be equally appropriate, select the one that comes first in the code list.
- Comment:** **Organised Sport** is limited to organised physical activities undertaken under the auspices of a sports club, federation or similar organisation.

**Unorganised Sport** includes all sport and recreation physical activities that are not included in organised sport. This category can be broken down further where more information is required.

### Coding Options

- |                           |
|---------------------------|
| 1. paid work              |
| 2. unpaid work            |
| 3. travelling             |
| 4. organised sport        |
| 5. unorganised sport      |
| 6. leisure                |
| 7. education              |
| 8. health care            |
| 9. vital activity         |
| 10. being taken care of   |
| 11. nothing in particular |

- |                              |
|------------------------------|
| 18. other specified activity |
| 19. unspecified activity     |

### 5 Unorganised Sport

**5.1 Fitness activity** includes activities such as aerobics, weights, running/jogging, walking.

**5.2 Recreational activity** includes outdoor and adventure sports

**5.3 Social and informal sport** includes informal activities such as backyard cricket or lunch time volleyball which are not conducted under the auspices of a club, but are recognised as a form of sport. It is important to differentiate formal and informal sport so that factors such as having formal enforcement of rules by a referee, preparation of the playing area and training of the players etc are taken into account when recording injury.



- 10. Target**
  - .01 archery
  - .02 bocce
  - .03 billiards and snooker
  - .04 lawn bowls
  - .05 croquet
  - .06 darts
  - .07 golf
  - .08 ten pin bowling
  - .09 shooting
  - .99 other
- 11. Combative**
  - .01 boxing
  - .02 fencing
  - .03 akido
  - .04 judo
  - .05 ju-jitsu
  - .06 karate
  - .07 kendo
  - .08 kung fu
  - .09 taekwondo
  - .10 wrestling
  - .11 self defence
  - .99 other
- 12. Power**
  - .01 powerlifting
  - .02 strength and conditioning
  - .03 weightlifting
  - .99 other
- 13. Equestrian**
  - .01 dressage
  - .02 endurance riding
  - .03 eventing
  - .04 pony club
  - .05 show jumping
  - .06 polo/polocrosse
  - .07 rodeo
  - .08 trotting/harness
  - .09 racing
  - .10 mustering or stock work
  - .11 trail or general riding
  - .99 other
- 14. Adventure**
  - .01 abseiling
- .02 hiking
- .03 mountaineering
- .04 rafting
- .05 rock climbing
- .99 other
- 15. Motor**
  - .01 motor cycling
  - .02 motor racing - car
  - .03 go-karting/karting
  - .99 other
- 16. Wheeled**
  - .01 BMX
  - .02 cycling - road
  - .03 cycling - mountain
  - .01 in-line skating (roller blading)
  - .02 roller hockey
  - .03 roller skating
  - .04 skateboarding
  - .99 other
- 17. Multidiscipline and Related**
  - .01 biathlon
  - .02 modern pentathlon
  - .03 triathlon
  - .04 duathlon
  - .99 other
- 18. Aero**
  - .01 aerobatics
  - .02 gliding
  - .03 hang gliding
  - .04 parachuting
  - .05 para-gliding
  - .99 other
- 19. Disabled**
  - .99 other
- 20. Other**
  - .01 Aussie Sport (modified sport)
  - .02 school sport
  - .03 school PE
  - .04 school free play
- 21. Unspecified**
  - .99 other

**Phase or aspect of involvement in activity or event**

**Definition** the phase of the activity when the injury occurred.

**Guidelines** Select term most applicable to a particular sport or select 'other' category and explain

**Comment:** This item will help to identify the particular phase of sport when injury occurs. If trying to identify when during competition the injury occurred, to try and relate the injury to warm up or fatigue, it would be important to record the time of injury, the amount of time the person had been participating and the time into the game.

**Coding Options**

- |   |
|---|
| <ol style="list-style-type: none"> <li>1. pre-event (eg journey, taping, dressing)</li> <li>2. warm up</li> <li>3. training</li> <li>4. competition</li> <li>5. cool down</li> <li>6. post event (eg journey, showering)</li> <li>7. during other activity _____</li> <li>8. unknown</li> </ol> |
|---|

**Activity when injured: grade or level**

**Definition:** Grade or level of competition or type of activity at the time of injury. The elite level includes state or national representation, a national level competition such as the National Basketball League or National Soccer League, or athletes on an AIS/SIS scholarship. The grade of competition can be broken down into Masters/Veterans, Adult/Other and Junior. The grade of competition can be broken down into sport specific categories if required.

**Guidelines:** Using the matrix, identify if the competition is elite or non-elite and then the grade of activity.

**Comment:** This item can help to identify if injuries are more prevalent in elite or non-elite competition as well as if the injury rate is higher in lower grade competition. In some sports the level of sports medicine support is higher for first grade with doctors, physiotherapists and sports trainers, whereas in lower grades the players are not well supported. Skill levels and fitness may vary between levels of play and relate to injury prevalence.

Elite	Non-elite/other
Masters/Veterans • age groups etc	Masters/Veterans • age groups etc
Adult/Other Examples • 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> etc grade • Pennant, A, B, C grade • weight categories etc	Adult/Other Examples • 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> etc grade • Pennant, A, B, C grade • weight categories etc
Junior • age or weight categories etc	Junior • age or weight categories etc

## Injury Factors

**Definition** Types of objects, substances and environmental factors involved in the occurrence of injury.

**Guidelines** Select the code that best describes the main factor which led to the occurrence of the injury. Give preference to specific factors over general ones. If two or more categories are judged to be equally appropriate, select the one that comes first in the code list.

Alternatively, as sports injuries are often multi-factorial, a data collection system might record more than one factor. In a situation where there are two or more risk factors, list the item occurring first in the list as factor 1 and the next factor in the list as factor 2.

The following list has been subjectively abbreviated from NDSIS - Level 2, item 6 Major Injury Factors to include factors most relevant to sport. Where the item maps to the NDSIS list, the code item is shown. Where there is an asterisk (\*), the item has been added as a potential injury factor. As the item is used in sports injury surveillance and feedback is given, the factor list will be modified.

A complete list of injury factors from the NDSIS v2c is included in Appendix D for reference.

Injury Factor Group Name	Factor Number	Title
<b>EXTERNAL FACTORS</b>		
<b>06. Sporting Equipment</b>		
	0601	ball
	0609	other sporting projectile eg javelin, puck, discus
	0629	bat, racquet, hockey stick etc
	*	field equipment eg goal post, corner post, base, stumps
	*	surrounding equipment eg fencing, signs, spectator seating, PA system
	*	other object/structure on or near playing area
	0699	other or unspecified sporting equipment
<b>08. Natural object or animal</b>		
	0801	tree (includes branch, stick, twig)
	0802	plant (excludes tree [0801])
	0811	climatic factor (eg wind, rain, snow, sunshine)
	0821	natural surface (includes irregularity such as pothole)
	0832	dog
	0833	horse
	0899	other or unspecified natural object or animal
<b>09. Food, drink, personal use item</b>		
	0903	alcohol (beverage)
	0921	footwear (includes sporting or industrial shoe or boot)

<b>11. Structure or fitting</b>		
	1124	floor
	*	floor - wooden
	*	floor - concrete
	*	floor - synthetic surface (grass, rubber matting)
	*	floor - tennis etc hard court surfaces
<b>* Outdoor playing environment</b>		
	*	surface - turf (uneven, long grass, pot holes)
	*	surface - sand (compacted, wet, unraked)
	*	bitumen, concrete (poor condition, holes, loose stones)
	*	clay, crusher dust etc
<b>13. Miscellaneous</b>		
	1302	hypodermic needle, syringe
<b>* Other: environmental</b>		
	*	heat: solar, humidity
	*	cold: snow, blizzard, ice
	*	wet and slippery ground conditions
	*	hard and compacted ground conditions
	*	windy, storm
	*	lightning

## **Equipment used with intent to protect against injury**

- Definition** equipment used or designed to protect participant or spectators from injury.
- Context** this will generally be protective equipment such as padding, braces and guards, but may include vehicle safety devices, or barriers constructed to separate the activity from the spectator
- Guidelines** choose the item or items from the list that were used on the body part injured, or may relate to the cause of injury. For example, a mouthguard can protect the teeth and gums, but can also reduce the forces transmitted to the head and reduce concussion.

Specific questions may be phrased on the data collection form such as:

- Was protective equipment worn on the body part injured, or related to the injury (eg mouthguard can lessen concussion from a blow to the jaw)? If yes, specify \_\_\_\_\_
- Were the required protective devices, such as goal post padding or netting behind batter and catcher, in use and of required standards? Specify \_\_\_\_\_

**Comment:** Protective devices, personal or environmental, are important factors in creating a safer environment for sport. This question is designed to ascertain the use of protective equipment and the relationship to injury. This can be a valuable question for assessing the effectiveness of protective equipment of reducing or preventing injury.

### **Personal Protective Devices and Equipment**

1. braces, guards, orthoses
2. rigid taping of joints
3. padding of joints and bony prominences
4. thermal devices (thermoskin, wetsuit)
5. splints
6. box (cricket, hockey etc)
7. gloves
8. mouthguard
9. eye goggles (squash, cycling, swimming)
10. helmet
11. face mask
12. footwear (safety design eg hard toes, cleat design, high tops, orthotics)
13. flotation device
14. vehicle restraints

### **Environmental Protective Devices**

1. goal post padding, corner markers etc
2. protective padding, (high jump pits, judo mats)
3. barriers between area of activity and spectators and surrounds
4. safety restraints (ropes, harnesses etc)



## Mechanism of injury

(Source: NDSIS v2.1, additions to list are in italics)

- Definition** The way in which the injury was sustained ie what hurt the person. For example if a player is tackled and collides with the knee of another player with their head, it is the collision with the knee that is the injury mechanism, not the tackle.
- Guidelines** Select the category which best describes the main mechanism of injury, ie the last step in the chain of events which causes the injury. Where two or more categories are judged to be equally appropriate, select the one that comes first in the code list.
- Comment:** A new category of 'non acute/overuse' has been included to identify an injury that may not have a well defined injury initiating event but presents for treatment due to a gradual worsening of the condition. These types of injury are usually overuse injuries where several factors combine in effect to cause an injury event, for example, anterior shin pain in runners, shoulder tendinitis in swimmers and patella tendinitis in basketballers and volleyballers.

### Fall

- 01 fall or stumble on same level
- 02 fall, slip or trip on same/uneven level
- 03 fall on or from stairs
- 04 fall/jump/awkward landing from lesser height (< 1m)
- 05 fall/jump/awkward landing from greater height (=> 1m)
- 08 other specified fall
- 09 unspecified

### Struck, hit by contact with other object, person or animal

- 10 contact with moving object (bicycle, javelin, racquet, ball)
  - 10.1 object is another participant's equipment (racquet, bat, vehicle etc)
  - 10.9 other moving object
- 11 contact with static object (fence, equipment, posts)
  - 11.1 object is another participant's equipment
  - 11.9 other static object
- 12 contact with person (umpire, player, spectator)
  - 12.1 moving person
  - 12.2 stationary person
  - 12.3 person, unknown whether moving
- 13 contact with animal (horse, cattle)
- 18 other specified contact
- 19 unspecified contact

### Crushing, piercing, abrading

- 20 pinching, crushing
- 21 cutting, tearing
- 22 puncture
- 23 bite/sting by animal/human/insect
- 24 abrading, rubbing, friction (eg foot on boot, sliding across ground)
- 28 other specified crushing/piercing
- 29 unspecified crushing/piercing

**Suffocation**

- 40 strangulation
- 41 obstruction of airways
- 42 drowning and near drowning
- 43 compression of chest
- 44 asphyxia due to smoke, or oxygen depletion
- 48 other specified suffocation
- 49 unspecified suffocation

**Chemical Effect**

- 50 corrosion by solid substances
- 51 corrosion by liquid substances
- 52 corrosion by gaseous substances
- 53 corrosion unspecified
- 54 poisoning by solid substances
- 55 poisoning by liquid substances
- 56 poisoning by gaseous substances
- 57 poisoning unspecified
- 58 other chemical effect
- 59 unspecified chemical effect

**Thermal effect**

- 60 hot liquids of steam
- 61 hot objects
- 62 open fires, flames
- 63 *whole body heating (eg hypothermia)*
- 64 *part of body cooling (eg frostbite)*
- 65 *whole body cooling (eg hypothermia)*
- 66 contact cooling
- 67 cold unspecified
- 68 other specified thermal effect
- 69 unspecified thermal effect

**Electric, radiation effect**

- 70 electric current
- 71 welding light
- 72 sun light
- 78 other specified electric/radiation effect
- 79 unspecified electric/radiation effect

***Gradual or chronic over-exertion of body or part of body***

- 82 *repetitive trauma, overuse*
- 85 *unspecified gradual or chronic over-exertion*

***Acute over-exertion of body or part of body***

- 86 *sudden or rapid change of speed (includes accelerating, decelerating by own effort)*
- 87 *sudden or rapid change of direction (includes pivoting, twisting)*
- 89 *unspecified acute over-exertion of body part or part of body*

**Other and unspecified mechanism of injury**

- 90 acoustic energy, loud noise
- 98 other specified mechanism of injury
- 99 other unspecified

## Narrative of mechanism of injury

(Source NDSIS v2.1)

**Definition** A text description of the injury event.

**Context** This information may be used to provide additional information to what is recorded from tick box options. It can also help to cross check accuracy of data in limited option categories.

**Guide for use** Write a brief description, 8 words minimum, of how the injury occurred. It should indicate what went wrong (the breakdown of the event), the mechanism by which this led to injury, and the object(s), substance(s) or other environmental factors most important in the event. The type of place at which the event occurred and the activity of the person when injured should also be indicated, as should use (or presence) or non-use (or absence) of relevant protective devices.

**Comment:** This item is very useful for club or facility injury records. The information is easily collated and able to be used for injury prevention measures.

**Examples**

1. Playing soccer in an interschool competition match. The grass pitch was wet. Player slipped while trying to get possession of the ball, striking his mouth against that player's shoulder. Player was not wearing a mouthguard (they were not required by the coach). Player was wearing ordinary soccer boots.

### Main elements of information in the example

Specific location	soccer pitch
Specific activity	playing school competition soccer
What went wrong?	slipped on wet grass during difficult manoeuvre
Mechanism of injury	struck another person
Specific object, product	not specified
Use of safety devices	not wearing mouthguard, wearing soccer boots

2. Player jumped to block spike, landed on opposing players foot, rolled over ankle. No ankle brace or tape.
3. Player attempting to kick for goal, opposing player tackled from side at knee level, player collapsed. Penalty called.
4. Indoor rock climbing, person experienced pain which has been worsening over last 2 weeks in tendons of right hand fingers and wrist when using small grips.

Describe exactly how the injury occurred \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Injury Site

### Body Region and Body Chart

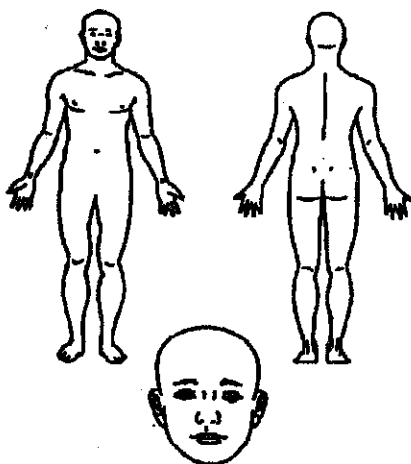
(Source NDSIS v2.1)

**Definition** body site of injury

**Context** depending on the detail required for the surveillance, the site of injury can be defined into joints or areas such as face or knee. If a specific structure is required, then further categories are given

**Guidelines** select the body region by circling or indicating on the body chart the site of injury. Alternatively, the text option can be used. Select the region first and then the specific structure.

If a patient should present complaining of pain in the posterior thigh which is diagnosed as lumbar spine in origin (sciatica), then this should be coded as body part of symptoms as thigh, but the diagnosis will reveal that it of lumbar origin. This will apply also for upper limb pain that is related to the cervical spine.



#### Body region list

1. Head (excludes face[2])
2. Face (excludes eye [22])
3. Neck
4. Thorax
5. Abdomen
6. Lower back (includes loin)
7. Pelvis (includes perineum, anogenital area, buttocks)
8. Shoulder
9. Upper Arm
10. Elbow
11. Forearm
12. Wrist
13. Hand (includes fingers)
14. Hip
15. Thigh
16. Knee
17. Lower leg
18. Ankle
19. Foot (includes toes)
20. Unspecified bodily location
21. Multiple injuries (involving more than one bodily location)
22. Body location not required

## Specific Structure Injured

- 1. Head (excludes face)**
    - .1 ears
    - .2 skull
    - .3 hair/scalp
    - .4 other
  - 2. Face (excludes eye)**
    - .1 nose
    - .2 mouth
    - .3 cheek
    - .4 jaw
    - .5 teeth
    - .6 gums
    - .7 face non-specified
  - 3. Neck**
    - .1 cervical vertebrae
    - .2 soft tissue - muscles
    - .3 soft tissue - joint capsule and ligaments
    - .4 skin
    - .5 trachea
    - .6 oesophagus
    - .7 nerves
    - .8 blood vessels
    - .9 other, not specified
  - 4. Thorax**
    - .1 thoracic spine vertebrae
    - .2 soft tissues - posterior muscles
    - .3 soft tissues - anterior and lateral muscles
    - .4 soft tissues - ligaments and tendons
    - .5 ribs
    - .6 internal organs (lungs, heart)
    - .7 sternum
    - .8 skin
    - .9 other, not specified
  - 5. Abdomen**
    - .1 internal organs
    - .2 abdominal muscles
    - .3 skin
    - .4 blood vessels
    - .5 other, not specified
  - 6. Lower Back**
    - .1 lumbar spine vertebrae
    - .2 soft tissues - posterior muscles
  - 7. Pelvis**
    - .1 hip bones (iliac, pubic, sacrum)
    - .2 buttock muscles
    - .3 groin muscles
    - .4 soft tissues - ligaments and tendons
    - .5 nerves
    - .6 blood vessels
    - .7 other, not specified
  - 8. Shoulder**
    - .1 gleno-humeral joint
    - .2 AC joint
    - .3 SC joint
    - .4 anterior soft tissues (joint capsule, tendons and ligaments)
    - .5 posterior soft tissues (joint capsule, tendons and ligaments)
    - .6 superior soft tissues
    - .7 inferior soft tissues
    - .8 skin
    - .9 blood vessels
    - .10 other, not specified
  - 9. Upper Arm**
    - .1 anterior muscles and soft tissues
    - .2 posterior muscles and soft tissues
    - .3 skin
    - .4 blood vessels
    - .5 other, not specified
  - 10. Elbow**
    - .1 radio-humeral joint
    - .2 ulnar-humeral joint
    - .3 superior radio-ulnar joint
    - .4 nerves
    - .5 medial soft tissues
    - .6 lateral soft tissues
    - .7 skin
    - .8 blood vessels
    - .9 other, not specified
  - 11. Forearm**
    - .1 radius
    - .2 ulna
    - .3 medial soft tissues'
- .3 soft tissues - ligaments and tendons  
.4 other, not specified

- .4 lateral soft tissues
- .5 skin
- .6 blood vessels
- .7 other, not specified

**12. Wrist**

- .1 inferior radio-ulnar joint
- .2 wrist joints
- .3 soft tissues (ligaments, tendons etc)
- .4 nerves
- .5 blood vessels
- .6 skin
- .7 other, not specified

**13. Hand and Fingers**

- .1 bones (metacarpals, phalanges)
- .2 CMC, MCP and IP joints
- .3 soft tissues (ligaments, tendons etc)
- .4 skin
- .5 blood vessels
- .6 other, not specified

**14. Hip**

- .1 hip (ilio-femoral) joint
- .2 lateral hip muscles (TFL)
- .3 anterior hip muscles (iliopsoas etc)
- .4 blood vessels
- .5 nerves
- .6 other, not specified

**15. Thigh**

- .1 femur
- .2 anterior muscles (quads)
- .3 posterior muscles (hamstrings)
- .4 medial muscles (long adductors)
- .5 skin
- .6 blood vessels
- .7 other, not specified

**16. Knee**

- .1 tibio-femoral joint
- .2 patello-femoral joint

- .3 superior tib-fib joint
- .4 soft tissue - cartilage (meniscus)
- .5 soft tissue - ligaments, tendon or joint capsule
- .6 blood vessels
- .7 skin
- .8 other, not specified

**17. Lower Leg**

- .1 tibia
- .2 fibula
- .3 anterior compartment muscles
- .4 posterior compartment muscles
- .5 calf muscles (gastrocnemius and soleus)
- .6 skin
- .7 blood vessels
- .8 other, not specified

**18. Ankle**

- .1 talo-crural joint
- .2 inferior tib-fib joint
- .3 soft tissue - ligaments and joint capsule
- .4 soft tissue posterior tendons (achilles)
- .5 soft tissue anterior/lateral tendons (tibialis anterior, peroneii, extensor hallicis)
- .6 blood vessels
- .7 nerves
- .8 skin
- .9 other, not specified

**19. Foot and Toes**

- .1 tarsal bones
- .2 metatarsal bones and phalanges
- .3 soft tissue - plantar fascia and muscles
- .4 MTP joints (hallux valgus)
- .5 ligaments, tendons
- .6 skin
- .7 blood vessels
- .8 other, not specified

## Nature of injury - pathology

(Source NDSIS v2.1, additional items shown in italics)

**Definition:** the type of injury pathology. Severity of injury is also related to this category as fractures and eye injuries will generally be more severe than blisters and abrasions.

**Guidelines:** choose the most appropriate type/s of pathology at the time of presentation. The body part and pathology of the injury are the first two elements of the Orchard Coding System. This information gives a general description of the injury type, but the specific injury diagnosis may be necessary for clinical and hospital injury surveillance. There is the potential for there to be more than one injury type, particularly if there are multiple injuries, or for one injury that includes a fracture and dislocation. It is important to allow the choice of more than one pathology in the reporting form as well as in the data base.

### Coding Options

1. Superficial (includes bruise, blister, graze; excl. superficial eye injury [13])
  - 1.1 Blister
  - 1.2 Superficial swelling, inflammation
2. Open wound (excludes eye injury [13])
3. Fracture (excludes fractured tooth [21])
  - 3.1 Stress fracture
4. Dislocation (includes ruptured disc, cartilage.)
5. Sprain or strain
  - 5.1 sprain
  - 5.2 strain
6. Injury to nerve (includes spinal cord; excludes intracranial injury [20])
7. Injury to blood vessel
8. Injury to muscle or tendon
  - 8.1 overuse or stress injury to muscle or tendon
9. Crushing injury
10. Traumatic amputation (includes partial)
11. Injury to internal organ
12. Burn or corrosion (excl. eye [13])
13. Eye injury (excl. foreign body in external eye [14.1]; includes burn)
14. Foreign body
  - 14.1 Foreign body in external eye
  - 14.2 Foreign body in ear canal
  - 14.3 Foreign body in nose
  - 14.4 Foreign body in respiratory tract (excludes foreign body in nose [14.3])
  - 14.5 Foreign body in alimentary tract
  - 14.6 Foreign body in genito-urinary tract
  - 14.7 Foreign body in soft tissue
  - 14.9 Foreign body, other/unspecified
20. Intracranial injury (includes concussion)
21. Dental injury (includes fractured tooth)
22. Drowning or immersion
23. Asphyxia or other threat to breathing (excl. drowning [22])
24. Electrical injury
25. Poisoning or toxic effect (excludes venomous bite [26])
26. Effect of venom; any insect bite

- 27. Other specified nature of injury
  - 27.1 Hypothermia
- 28. Injury of unspecified nature
- 29. Multiple injuries of more than one 'nature'
- 30. No injury detected
- 31. Symptoms (not injury)
  - 31.1 Cramp
  - 31.2 Fatigue
  - 31.3 Other symptoms



## **Provisional Diagnosis**

**Definition**      the diagnosis at the time of recording the injury. This diagnosis may change once further information is available on the injury from further diagnostic tests and response to treatment

## **Diagnosis Text**

Free text is used to describe or to give a specific diagnosis for an injury. This could be limited to a list of diagnoses in a selection box, so that several options of spelling eg tendonitis and tendinitis are not recorded as different diagnoses.

The use of diagnosis as text is useful as a back up when there may be a mistake in the recording of the body part or nature of the injury. The text description will help to verify the accuracy of the information.

## **Injury Diagnosis**



## **Treatment Factors**

### **Definition of Treatment**

Treatment consists of any action that is taken by attending personnel, to address the needs of someone who is injured or is believed to be injured. This includes such things as initial assessment on the field or in a first aid area, RICER (rest, ice, compression, elevation and referral), dressings, manual therapy, splinting and bracing and massage. Information on the management and rehabilitation of the injury may be kept and this will include presentations at places such as a hospital, sports medicine clinic, physiotherapist, podiatrist or massage therapist. This information is important for medico-legal reasons as well.

The injury details need only be recorded once at the initial presentation for treatment. When ongoing treatment is provided, the reason for presentation is 'ongoing treatment' and the treatment modalities only are recorded for that presentation. Insurance records will generally be a compilation of treatment presentations. Complete injury and treatment records can provide valuable information on the severity of injury, cost of injury and injury outcomes.

### **Date of presentation**

This item records the date of treatment for the injury. In many cases, it will be the same as the date of injury (particularly for acute and severe injuries). This may not necessarily be so, however, if the injured person delays seeking treatment for their injury.

For data consistency, it should be checked that the Date of Presentation is not recorded as occurring before the Date of Injury.

DD/MM/YYYY

### **Time of presentation for treatment**

The time at which the injured person received treatment for, or assessment of, their injury should be recorded by using a 24 hour clock.

This variable is likely to be of most relevance to a medical coverage setting or sporting event setting. In some settings, where the Time of Injury is also recorded, the difference between these two variables can be used to determine the time lag between injury and administration of treatment.

For data consistency, it should be checked that the Time of Presentation is not recorded as occurring before the Time of Injury.

HrHr/MinMin am/pm

## Reason for presentation

**Definition** defines the context for why the person is presenting with an injury. An **injury case** for the purpose of surveillance is defined to be one that arises out of a distinct injury event. The injury may then be classified into a new, recurrent or exacerbated injury.

- A **new injury** is the first ever episode of an injury of this type to this body part/structure. For example, a player's first sprained ankles is recorded as a new injury.
- A **recurrent injury** is a second or subsequent episode, with an 'injury free' period between episodes. 'Injury free' refers to a period where there are no residual signs or symptoms of the original injury and could be weeks, months or years. Recurrent injuries can include ankle sprains, back pain, and finger dislocations.
- An **exacerbated injury** is a recent worsening of an unresolved injury. For example, a player can incur a grade 1 sprain of the medial ligament of the knee and return to play before complete rehabilitation and injure the ligament further and increase the injury to a grade 2 or 3 injury.
- The **ongoing treatment** option should be used during medical coverage for multi-sport events or games over several days when ongoing treatment is provided for participants over the duration of the games. It should also be used to indicate ongoing management of an injury in a clinic setting.

**Guidelines** select the most appropriate classification of the injury as it relates to the reason for presentation

- |  |
|--|
| <ol style="list-style-type: none"><li>1. new injury</li><li>2. recurrent injury</li><li>3. exacerbated injury</li><li>4. ongoing treatment (clinic or games setting)</li><li>5. other _____</li><li>6. unknown</li></ol> |
|--|

## **Treatment**

**Definition:** the type of treatment provided at the initial injury event or as ongoing management of the injury.

**Guidelines:** choose from the list the treatment or treatments that best describe the immediate or ongoing management of the injured person. More than one treatment may be chosen and an injury surveillance form should allow multiple treatments to be recorded.

1. none needed
2. none given, referred elsewhere
3. crutches
4. medication
5. RICER (rest, ice, compression, elevation, referral)
6. ICE (ice, compression, elevation)
7. heat
8. massage
9. strapping/taping
10. manual therapy/manipulation
11. medical assessment
12. wound management (eg suturing, dressing)
13. joint treatment
14. bracing, splints, plaster
15. immobilisation - by other means than in 15
16. surgery
17. tooth replacement (at time of injury)
18. tooth retrieved, taken with patient to dentist
19. electrotherapy
20. other
99. unknown

### Advice given to injured person

**Definition** immediate advice given to injured person

**Context** the items in this category can also be used in determining the perceived severity of injury.

**Guidelines** select the most category of advice given to participant at the time of injury/injury recording

1. immediate return to unrestricted competition or activity
2. able to return to activity with restriction (eg runner for batsmen, NWB activity for athlete with stress fracture)
3. unable to return at present time
4. other \_\_\_\_\_

### Referral

**Definition** indicates if injured person is referred for further assessment, to whom and how urgently they are advised to seek further assessment or treatment

**Context** this item will also relate to the severity of injury. Suspected serious injuries will be referred for further evaluation or specialist treatment.

**Guidelines** Several questions can be phrased on the injury form with there being options for selection.

1. Did you or will you need to refer the injured person for further assessment or treatment?  
 Yes  No

2. How soon does the person require further assessment or treatment?

1. immediately
2. within the hour
3. within the next 1-4 hours
4. within the day
5. next day
6. within the next 1-4 days
7. within the week
8. within the month

3. Where or to whom is the injured person referred?

1. to other sports medicine professional (excluding doctor)
2. doctor (incl sports physician, surgeon)
3. diagnostic service (eg xray, ultrasound)
4. hospital emergency department
5. self (for further treatment or assessment)
6. other \_\_\_\_\_

## Treating Person

**Definition:** the person or persons providing treatment or ongoing management of the injured person

**Guidelines:** choose from the list for the most appropriate title of the person that provided the treatment. If more than one person provides assistance, for example where a sports trainer initially assessed the injured person and then a doctor consults, the first treating person is recorded as the sports trainer, and the doctor as the second.

If the initial treating person has more than one qualification, choose the highest relevant qualification.

1. first aider
2. sports first aider/ sports trainer
3. nurse
4. physiotherapist
5. podiatrist
6. massage therapist
7. doctor/general practitioner (incl sports physician)
8. chiropractor
9. dentist/dental technician
10. optometrist/ophthalmologist
11. orthopaedic surgeon
12. other surgeon
13. coach/umpire
14. self
15. other player
16. parent
99. other

## REFERENCES

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## APPENDICES

### Appendix A: Orchard Sports Injury Classification System (OSICS)

The Orchard Sports Injury Classification System (OSICS) had been developed for the coding of injuries in football surveys. The range of diagnosis is broad enough for use in most sports, as long as coding is made by practitioners who are familiar with sporting injuries. Contained within the OSICS code of three alphanumeric characters are the relevant body area (first character) and type of pathology (second character). Please note that OSICS is only a list of common diagnoses and must be used in conjunction with a larger database structure for a complete injury survey. Copyright is owned by Dr John Orchard, but use of the system for research is free and encouraged by the author.

#### Explanation of Codes

##### First Character (body area)

##### Head and neck

- H - head
- N - neck

##### Upper Limb

- S - shoulder
- U - upper arm
- E - elbow
- R - forearm
- W - wrist
- P - hand

##### Trunk

- C - chest
- O - abdomen
- D - thoracic back
- L - lumbar back

##### Lower Limb

- B - buttock
- G - groin
- T - thigh
- K - knee
- Q - lower limb
- A - ankle/heel
- F - foot

##### General

- X - multiple areas
- M - medical problem
- Z - area not specified

##### Second Character (Type of Pathology)

##### Bone

- F - fracture (not stress or avulsion)

- G - avulsion or chip fracture
- S - stress fracture
- Q - old fracture mal or non-union

##### Joint

- D - dislocation
- U - recurrent instability/ subluxation
- C - articular/ chondral damage
- J - minor joint trauma +/-synovitis
- P - atraumatic arthritis/ effusion/ joint pain/ chronic synovitis/ gout/ other
- A - chronic degenerative arthritis
- L - ligament tear or sprain

##### Soft Tissue

- M - muscle tear or strain
- Y - muscle spasm/ cramps/ soreness/ trigger points
- T - tendonitis/ bursitis
- R - complete rupture of tendon
- H - haematoma/bruising/cork
- K - laceration/skin condition

##### Other

- B - developmental anomaly
- I - infection
- E - tumours
- O - visceral damage/trauma/surgery
- N - neural condition/nerve damage
- V - vascular condition
- X - systemic disease process
- Z - undiagnosed

##### Third Character

- 1 to -7 common diagnoses
- 8 to be used when making a diagnosis not included in common diagnosis
- 9 to be used when specific diagnosis is not known or supplied
- A to -Z special diagnoses used for individual centre research or expansion



**CODE Diagnosis**

HF1 # nose  
 HF2 # skull  
 HF3 # mandible  
 HF4 # facial bone (s)  
 HG1 Avulsed /# tooth  
 HD1 Dislocated  
     temporomandibular joint  
 HJ1 Sprained  
     temporomandibular joint  
 HY1 Facial muscle trigger  
     points  
 HH1 Head/ Facial haematoma  
 HK1 Scalp laceration/ abrasion  
 HK2 Facial laceration/ abrasion  
 HI1 Otitis external  
 HI2 Cellulitis/ skin infection,  
     face  
 HO1 Eye injury/ trauma  
 HO2 Perforated eardrum  
 HN1 Concussion  
 HN2 Intracranial bleed  
 HN3 Chronic brain injury  
 HN4 Cranial nerve injury  
 HV1 Epistaxis (nosebleed)  
 HZ1 Headache/ pain  
     undiagnosed  
 NF1 Stable cervical #  
 NF2 Unstable cervical #  
 NG1 Avulsion # cervical spine  
     (eg spinous process)  
 NC1 Cervical disc prolapse  
 NC2 Cervical disc  
     degeneration  
 NU8 Recurrent vertebral  
     subluxation  
 NJ1 Whiplash/ Neck sprain  
 NP1 Cervical facet joint pain  
 NA1 Cervical facet joint  
     degenerative arthritis  
 NM1 Neck muscle strain  
 NY1 Neck muscle trigger  
     points/ spasm/ torticollis  
 NH1 Neck haematoma  
 NK1 Neck laceration/ abrasion  
 NB1 Cervical developmental  
     anomaly  
 NO1 Laryngeal trauma  
 NN1 Cervical nerve root  
     compression/ stretch  
 NN2 Neck spinal injury  
 NN3 Cervical spinal canal  
     stenosis  
 NN4 Spinal cord concussion  
 NZ1 Neck pain undiagnosed  
 SF1 # clavicle

**CODE Diagnosis**

SF2 # scapula  
 SF3 # neck of humerus  
 SG1 Avulsion # shoulder  
 SS1 Stress # coracoid process  
 SD1 Dislocated shoulder  
 SD2 Acromioclavicular joint  
     dislocation (gr 3)  
 SU1 Shoulder subluxation /  
     chronic instability  
 SC1 Shoulder chondral lesion  
     (eg SLAP)  
 SJ1 Shoulder joint sprain  
 SJ2 Acromioclavicular joint  
     sprain  
 SP1 Adhesive capsulitis or  
     frozen/ stiff shoulder  
 SA1 Shoulder joint  
     degenerative arthritis  
 SA2 Acromioclavicular arthritis/  
     distal clavicular  
     osteolysis  
 SL1 Shoulder ligament sprain/  
     tear  
 SM1 Muscle strain, shoulder  
     region  
 SY1 Shoulder trigger points/  
     posterior muscle  
     soreness  
 ST1 Rotator cuff tendinitis/  
     subacromial bursitis/  
     impingement  
 ST2 Biceps tendinitis  
 SR1 Rotator cuff tendon  
     rupture/ large tear  
 SR2 Rupture long head of  
     biceps tendon  
 SH1 Shoulder haematoma  
 SK1 Shoulder laceration/  
     abrasion  
 SB1 Cervical rib  
 SE1 Tumour, shoulder region  
 SN1 Brachial plexus traction  
     injury/ burner/ stinger  
 SN2 Axillary nerve palsy  
 SN3 Nontraumatic brachial  
     plexus lesion (including  
     thoracic outlet  
     syndrome)  
 SV1 Axillary vessel  
     thrombosis/ insufficiency  
 SN4 Suprascapular nerve  
     entrapment or palsy  
 SZ1 Shoulder pain  
     undiagnosed  
 UF1 # shaft of humerus

**CODE Diagnosis**

UM1 Upper arm muscle strain  
 UY1 Upper arm muscle  
     soreness/ trigger points  
 UR1 Pectoralis major tendon  
     rupture  
 UH1 Upper arm haematoma  
 UK1 Upper arm laceration/  
     abrasion  
 EF1 Supracondylar # humerus  
 EF2 # humerus condyle (s)  
 EF3 # head of radius or  
     olecranon  
 EG1 Elbow avulsion #  
 ED1 Dislocated elbow  
 ED2 Dislocation head of radius  
     (including pulled elbow)  
 EU1 Elbow valgus instability  
 EC1 Chondral lesion elbow (+/-  
     loose bodies)  
 EJ1 Sprained/ jarred elbow  
 EP1 Elbow atraumatic  
     synovitis  
 EA1 Elbow joint degenerative  
     arthritis  
 EL1 Elbow medial collateral  
     ligament strain or tear  
 ET1 Tennis elbow (lateral  
     epicondylitis)  
 ET2 Golfer's elbow (medial  
     epicondylitis)  
 ET3 Olecranon bursitis/  
     apophysitis/ triceps  
     tendinitis  
 ET4 Elbow joint impingement  
 EH1 Elbow haematoma  
 EK1 Elbow laceration/  
     abrasion  
 EI1 Elbow infection  
 EN1 Ulnar nerve neuropathy,  
     elbow  
 EN2 Other nerve entrapment,  
     elbow  
 EZ1 Elbow pain, undiagnosed  
 RF1 # radius +/- # ulna  
 RS1 Stress # radius or ulna  
 RM1 Forearm muscle strain  
 RY1 Forearm muscle trigger  
     points  
 RY2 Forearm compartment  
     syndrome  
 RT1 Extensor tenosynovitis/  
     intersection syndrome  
 RH1 Forearm haematoma  
 RK1 Forearm laceration/  
     abrasion

<u>CODE</u>	<u>Diagnosis</u>	<u>CODE</u>	<u>Diagnosis</u>	<u>CODE</u>	<u>Diagnosis</u>
RK2	Forearm skin lesion		arthritis	DP1	Chronic facet joint pain/ stiffness
RB1	Radio-ulnar variance	PL1	Sprain ulnar collateral ligament thumb (skier's thumb)	DA1	Thoracic facet joint degenerative arthritis
WF1	# scaphoid	PL2	Other hand or finger ligament tear	DM1	Thoracic extensor muscle strain
WF2	# other carpal bone	PT1	Trigger finger	DY1	Thoracic back trigger points
WF3	Intra-articular # radius	PT2	Hand tendinitis	DT1	Scheuermann's disease
WG1	Wrist avulsion #	PR1	Ruptured finger tendon (including mallet finger)	DH1	Thoracic back haematoma
WS1	Radial epiphysis lesion or carpal stress #	PH1	Hand haematoma	DK2	Upper back skin lesions
WQ1	Non-union # scaphoid	PH2	Subungual haematoma/ fingernail problem	DB1	Thoracic scoliosis
WD1	Dislocated carpus	PK1	Hand/ finger laceration/ abrasion	DE1	Tumour thoracic spine
WU1	Carpal instability	PK2	Hand/ finger blisters/ contact dermatitis/ callus	DZ1	Thoracic pain undiagnosed
WU2	Distal radioulnar joint instability	PK3	Hand wart or other skin lesion	LF1	# lumbar vertebrae
WC1	Wrist fibrocartilage tear	PI1	Hand/ finger infection	LG1	# lumbar transverse or spinous process
WJ1	Sprained/ jarred wrist joint	CF1	# rib (s)	LS1	Stress # pars interarticularis
WJ2	Distal radioulnar joint sprain	CF2	# sternum	LQ1	Nonunion lumbar fracture
WP1	Wrist joint synovitis (including impingement syndrome)	CS1	Stress # rib (s)	LC1	Disc prolapse/ disruption
WA1	Wrist osteoarthritis (including avascular necrosis)	CC1	Costal cartilage/ costochondral joint injury	LC2	Disc degeneration
WL1	Carpal ligament tear	CJ1	Sternoclavicular joint injury	LJ1	Lumbar facet joint strain/ jar
WT1	Extensor tenosynovitis/ de Quervain's disease	CM1	Chest muscle strain	LP1	Chronic lumbar facet joint pain (including referred)
WT2	Wrist ganglion	CY1	Chest muscle trigger points	LA1	Lumbar facet joint degenerative arthritis
WT3	Flexor tenosynovitis	CH1	Bruised ribs/ chest wall (excl sternum)	LL1	Lumbar region ligament sprain
WR1	Tendon rupture, wrist	CH2	Bruised sternum	LM1	Lumbar muscle strain
WH1	Wrist haematoma	CO1	Pneumo/ haemothorax	LY1	Lumbar trigger points or muscle spasm
WK1	Wrist laceration/ abrasion	CZ1	Chest pain undiagnosed	LH1	Lumbar haematoma
WN1	Wrist nerve compression (including carpal tunnel syndrome)	OM1	Abdominal muscle strain	LK1	Lumbar laceration/ abrasion
WV1	Aneurysm of vessel near wrist	OMR	Proximal rectus abdominus strain	LB1	Spondylolysis/ listhesis
WZ1	Wrist pain undiagnosed	OMO	Abdominal oblique muscle strain	LB2	Lumbar scoliosis
PF1	Bennet's #/ dislocation	OY1	Abdominal muscle trigger points or spasm or winding	LB3	Other lumbar anomaly (eg spina bifida occulta)
PF2	# metacarpal	OT1	Rectus abdominus tendinitis	LE1	Tumour, lumbar spine
PF3	# phalanx	OH1	Abdominal haematoma	LN1	Lumbar spinal injury
PG1	Avulsion # phalanx	OO1	Abdominal trauma to internal organs	LN2	Lumbosacral nerve root impingement
PQ1	Malunion finger #	OZ1	Abdominal pain undiagnosed	LN3	Lumbar spinal canal stenosis
PD1	Dislocation metacarpophalangeal or interphalangeal joint	DF1	# thoracic vertebrae	LN4	Lumbosacral nerve stretch/ traction injury
PU1	Chronic instability of finger or thumb	DG1	# thoracic transverse or spinous process	LZ1	Lumbar pain undiagnosed
PJ1	sprain metacarpophalangeal or interphalangeal joint	DC1	Thoracic disc prolapse	BF1	# sacrum/ coccyx
PP1	Finger joint chronic synovitis	DJ1	Thoracic joint facet sprain	BG1	Avulsion # ischial tuberosity
PP2	Hand reflex sympathetic dystrophy			BP1	Sacroiliac joint pain
PA1	Finger degenerative				

<b>CODE</b>	<b>Diagnosis</b> (including spondyloarthropathies)
BP2	Sacrococcygeal joint pain
BM1	Gluteal muscle strain/ tear
BMM	Adductor Magnus strain
BMG	Gluteal muscle strain
BY1	Gluteal muscle or piriformis trigger points
BYM	Adductor magnus trigger points
BYG	Gluteal trigger points
BYP	Piriformis trigger points
BT1	Ischial bursitis
BT2	Gluteal tendinitis/ enthesiopathy
BH1	Buttock haematoma
BK1	Buttock laceration/ abrasion
BI1	Ischial abscess
BN1	Piriformis syndrome ( with sciatic nerve impingement)
BZ1	Buttock pain undiagnosed
GF1	# neck of femur
GF2	# pelvic ring
GF3	# ilium
GG1	Pelvic avulsion # (iliac spines and pubic rami)
GS1	Osteitis pubis
GS2	Stress # neck of femur
GS3	Pelvic bone stress #
GD1	Dislocated hip joint
GC1	Hip chondral lesion
GJ1	Hip joint sprain/ jar
GP1	Hip joint synovitis
GA1	Hip joint osteoarthritis/ avascular necrosis
GA2	Slipped capital femoral epiphysis
GA3	Perthe's syndrome
GM1	Hip flexor (including psoas) muscle strain/ tear
GMA	Proximal adductor strain
GMP	Iliopsoas muscle strain
GMR	Distal rectus abdominus strain
GM8	Groin muscle strain (unspecified)
GY1	Groin soreness/ trigger points
GYA	Proximal adductor trigger points
GYP	Iliopsoas trigger points
GYR	Rectus abdominus trigger

<b>CODE</b>	<b>Diagnosis</b> points
GT1	Adductor tendinitis/ tear
GT2	Hernia/ inguinal canal/ conjoint tendon tear
GT3	Iliopsoas tendinitis/ bursitis
GT4	Trochanteric bursitis
GUH	Posterior inguinal canal deficiency
GH1	Haematoma, hip region
GH2	Testicular/ scrotal haematoma
GK1	Groin laceration or abrasion
GB1	Congenital dislocation of hip
GI1	Groin rash/ fungal infection
GI2	Hip joint infection
GO1	Damage to pelvic organ
GN1	Nerve entrapment, groin region
GZ1	Groin pain undiagnosed
TF1	# shaft of femur
TS1	Stress # shaft of femur
TM1	Hamstring strain/ tear
TM2	Quadriceps strain/ tear
TM3	Adductor muscle strain/ tear (including sartorius)
TMB	Biceps femoris strain
TMT	Distal medial hamstring strain
TMS	Proximal (medial) hamstring strain
TMR	Rectus femoris strain
TMV	Vastus muscle strain
TMA	Distal adductor strain
TY1	Hamstring spasm/ cramps/ trigger points
TY2	Quadriceps spasm/ cramps/ trigger points/ wasting
TY3	Posterior thigh compartment syndrome
TYL	Lateral hamstring trigger points
TYM	Medial hamstring trigger points
TYR	Rectus femoris trigger points
TYV	Vastus trigger points
TH1	Haematoma of thigh/ hamstrings +/- myositis
TK1	Thigh laceration/ abrasion
TE1	Tumour, thigh region

<b>CODE</b>	<b>Diagnosis</b>
TZ1	Thigh pain undiagnosed
KF1	# patella
KF2	Knee # intra-articular
KS1	Stress # patella
KD1	Dislocated patella
KD2	Dislocated knee
KU1	Knee joint chronic instability
KU2	Patella instability
KC1	Knee articular cartilage damage
KC2	Medial meniscus tear
KC3	Lateral meniscus tear
KC4	Knee osteochondritis (+/ - loose bodies)
KC8	Knee joint cartilage damage (unspecified)
KJ1	Knee joint sprain/ jar
KP1	Patellofemoral joint pain
KP2	Knee joint rheumatological condition/ atraumatic synovitis
KP3	Knee synovial plica
KA1	Knee joint degenerative arthritis
KL1	Anterior cruciate ligament strain/ tear/ rupture
KL2	Posterior cruciate ligament strain/ tear/ rupture
KL3	Knee medial collateral ligament strain/ tear/ rupture (including pelligrini steida)
KL4	Knee lateral collateral ligament strain/ tear/ rupture
KL5	Knee arcuate ligament/ posterolateral complex strain/ tear
KT1	Iliotibial band syndrome
KT2	Patellar tendinitis +/- bursitis including SLJ syndrome
KT3	Hamstring tendinitis/ bursitis
KT4	Osgood-Schlatter's syndrome/ tibial tuberosity pathology
KT5	Popliteus tendinitis/ strain
KT6	Prepatellar bursitis
KT7	Quadriceps tendinitis or suprapatellar bursitis
KTB	Lateral hamstring

<u>CODE</u>	<u>Diagnosis</u>	<u>CODE</u>	<u>Diagnosis</u>	<u>CODE</u>	<u>Diagnosis</u>
	insertion tendinitis	QI1	Lower leg soft tissue infection	AT7	Tibialis posterior or flexor hallucis tendinitis (ankle)
KTS	Medial hamstring insertion tendinitis	QE1	Tumour, lower leg	AR1	Achilles tendon rupture
KTL	Lateral gastrocnemius tendinitis	QN1	Common peroneal nerve palsy (foot drop)	AH1	Ankle haematoma
KTM	Medial gastrocnemius tendinitis	QV1	Deep venous thrombosis	AK1	Ankle laceration
KR1	Ruptured patellar tendon	QV2	Calf/ ankle oedema	AI1	Ankle infection
KH1	Knee haematoma (extra-articular)	QV3	Varicose veins	AE1	Osteoid osteoma (ankle)
KH2	Infrapatellar fat pad haematoma/ bursitis	QV4	Popliteal artery entrapment or arterial insufficiency	AN1	Tarsal tunnel syndrome
KK1	Lacerated knee	QZ1	Lower leg pain undiagnosed	AN2	Medial calcaneal nerve entrapment
KB1	Bipartite patella	AF1	Potts #	AZ1	Ankle pain undiagnosed
KB2	Discoid meniscus	AF2	# talus or calcaneus	FF1	# tarsal bone (other than calcaneus or talus)
KI1	Infected knee joint	AG1	Chip/ Avulsion # ankle	FF2	# metatarsal (s)
KE1	Tumour, knee region	AS1	Stress # calcaneus or Talus	FF3	# phalanx (foot)
KO1	Complication of knee surgery	AD1	Dislocated ankle	FG1	Foot avulsion #
KZ1	Knee pain undiagnosed	AU1	Ankle instability	FS1	Stress # midtarsal bone (navicular, cuneiforms, cuboid)
KZ2	Knee joint haemarthrosis caused by internal derangement	AC1	Ankle osteochondral lesion (including talar dome) +/- loose body	FS2	Stress # metatarsal
QF1	# tibia +/- fibula	AJ1	Ankle jarring or capsule sprain	FQ1	Non/ Mal - union foot #
QF2	# fibula	AJ2	Inferior tibiofibular syndesmosis sprain	FD1	Dislocated toe
QS1	stress # tibia	AP1	Ankle joint synovitis (including meniscoid lesion)	FD2	Dislocated joint (s) of foot (including Lisfranc injury)
QS2	stress # fibula	AP2	Ankle Reflex Sympathetic Dystrophy	FC1	Fit osteochondrosis (including Kohler's and Freiberg's)
QD1	Dislocated superior tibiofibular joint	AP3	Sinus tarsi syndrome (subtalar joint synovitis)	FJ1	Sprain foot joint
QJ1	Sprained superior tibiofibular joint	AA1	Ankle joint degenerative arthritis	FJ2	Sprained toe/ turf toe
QP1	Baker's cyst (+/- rupture)	AL1	Sprain lateral collateral ligament ankle	FP1	Sesamoiditis/ 1st metatarsophalangeal joint pain
QM1	Calf muscle strain	AL2	Sprain medial collateral (deltoid) ligament ankle	FP2	Tarsal joint pain/ synovitis
QMS	Soleus muscle strain	AT1	Achilles tendinitis/ retrocalcaneal bursitis	FP3	Metatarsalgia
QML	Lateral gastrocnemius strain	AT2	Sever's disease	FP4	Gout (foot)
QMM	Medial gastrocnemius strain	AT3	Ankle posterior impingement (including Os trigonum)	FP5	Foot Reflex Sympathetic Dystrophy
QB1	Accessory soleus muscle	AT4	Ankle anterior impingement +/- osteophytes	FA1	1st Metatarsophalangeal joint degenerative arthritis
QY1	Calf muscle cramps/ spasm/ trigger points	AT5	Ankle extensor tendinitis (including Tibialis Anterior)	FA2	Other foot degenerative arthritis
QY2	Compartment syndrome	AT6	Peroneal tendinitis or subluxation or dislocation	FL1	Foot ligament sprain (including spring ligament)
QY3	Lower leg delayed onset muscle soreness			FM1	Foot muscle strain
QYS	Soleus trigger points			FY1	Foot muscle spasm/ cramp/ trigger points
QYL	Lateral gastrocnemius trigger points			FT1	Plantar fasciitis/ strain/ calcaneal spur
QYM	Medial gastrocnemius trigger points			FT2	Foot extensor tendinitis
QT1	Medial tibial stress syndrome			FT6	Cuboid syndrome or foot peroneal tendinitis
QH1	Bruised shin			FT7	Tibialis posterior insertion tendinitis
QH2	Calf haematoma				
QK1	Lacerated shin				
QK2	Lacerated calf				

<b>CODE</b>	<b>Diagnosis</b>
FR1	Ruptured tibialis posterior tendinitis
FH1	Foot haematoma
FH2	Toenail problem/ haematoma
FH3	Heel fat pad bruise
FK1	Foot laceration
FK2	Foot blistering/ callus/ ulcer
FK3	Plantar wart
FB1	Tarsal coalition
FB2	Symptomatic accessory bone of foot
FB3	Foot deformity (including claw, hammer toes, bunions)
FI1	Athlete's foot/ tinea
FI2	Foot cellulitis/ infected ulcer
FE1	Osteoid osteoma (foot)
FN1	Morton's neuroma or Joplin's neuritis
FZ1	Foot pain undiagnosed
XU1	Generalised joint hypermobility
XP1	Widespread rheumatological condition
XY1	Fibromyalgia/ multiple trigger points
XY2	Generalised muscle spasticity/ joint hypomobility
XK1	Rash or other dermatological condition
XB1	Congenital disease affecting musculoskeletal system
XB2	Leg length discrepancy
MI1	Otorespiratory infection (including tonsillitis, otitis media)
MI2	Gastrointestinal infection (including food poisoning)
MI4	Systemic non-specific virus
MI5	Virus proven by serology (eg. Epstein, Hepatitis B)
MI6	Genitourinary infection
MI8	Infection, other
ME1	Non-musculoskeletal tumour (eg lymphoma)
MO1	Appendicitis
MO2	Urological including

<b>CODE</b>	<b>Diagnosis</b>
	haematuria, varicocele
MO3	Dental, eye, ear, nose or throat disease
MO8	Other surgical diagnosis
MN1	Neurological including epilepsy, migraine, coma
MV1	Cardiovascular
MX1	Environmental (including hypo/ hyper thermia, barotrauma)
MX2	Condition due to drug use, overdose, poisoning
MX3	Asthma/ allergy/ hay fever respiratory
MX5	Gynaecological
MX6	Psychological/ Psychiatric
MX7	Nutritional or haematological or enterological or endocrine
MX8	Other medical diagnosis
MZ1	Tired athlete undiagnosed
MZ2	Other medical symptoms or signs, non-specific
ZZ1	Paperwork (certificate, referral, prescription etc.)
ZZ2	Pre-participation screening or precompetition or insurance
ZZ3	Immunisation or preparation for overseas travel
ZZ4	Advice regarding equipment (eg footwear)

## **Appendix B - Sports injury definitions**

### **What is a Sports Injury?**

Currently, there is no universally accepted or uniform definition of a sports injury (Finch, 1997). Existing definitions have evolved from the purpose or intent of data collection, whether it be for a statistical definition for a large sporting event or a technical definition for a research project.

*The term 'sports injury' refers to all types of damage to the body that occurs as a result of competing, training and/or participating in a physical activity (SportSafe Australia: A National Sport Safety Framework, 1997).*

In the context of this report, the terms 'sport' and 'sport injury' are taken to apply broadly across each all levels of participation. This definition includes sports related illnesses such as heat stress, sudden death and overtraining, as well as injuries related to occupational pursuits such as training activities for military and emergency services personnel (eg police, fire brigade, etc) and activities of coaches, officials and fitness trainers.

### **Examples of 'Sports Injury' Definitions**

- ⌘ "a reportable injury is one that limits athletic performance for at least the day after the day of onset" (National Athletics Injury Recording System (NAIRS), Clark 1970)
  
- ⌘ "any injury as a result of participation in sport with one or more of the following consequences (van Vulpen 1989):
  - reduction in the amount or level of sports activity
  - need for (medical) advice or treatment
  - diverse social or economic effects."
  
- ⌘ "Any injury which caused a player to miss playing time during a match or be unable to be selected in a match or participate in a training session." (Orchard, 1993)
  
- ⌘ A sports injury is an incident that occurs as a result of increased physical activity that is not occupationally related for amateurs, but includes activities of professional athletes" (Harvey, 1997)
  
- ⌘ "The term "sports injury" refers to all types of damage to the body that occurs as a result of competing, training and/or participating in a physical activity which is largely within the sports arena. This definition encompasses injuries that are incurred during participation in sporting activities across a number of different levels (ASIPT, 1997):
  - formal professional sport
  - formal non-professional sport
  - informal sporting activity
  - school sport
  - general recreation activity
  - fitness activities
  - adventure sports and activities

## **Appendix C - Injury severity definitions**

### **Severity Definitions**

A number of other possible definitions of a sports injury, or an assessment of its severity, can be made (van Mechelen 1997).

### **Nature of Injury**

The nature of injury determines the type of assistance sought and the place of treatment. Abrasions or cuts may be treated by a sports trainer at the side of the field, whereas fractures would be referred to hospital and a medical officer.

### **Duration and Nature of Treatment**

The types and frequency of treatment are strongly related to the injury severity. Surgery and extensive rehabilitation indicates a more severe injury than one that is self treated or which requires only several visits to a physiotherapist.

### **Sports Time Lost**

Time lost from sport has more serious economic consequences for professional athletes, but there is the potential loss of health and psychosocial benefits from exercise for all participants. Examples of severity measures relating to time lost from sport include:

1. minor (1-7 days lost), moderately serious (8-21 days lost) and serious (over 21 days lost or permanent damage) (Schlatmann et al 1986)
2. minor (absence from sport < 1 week), moderate (absence from sport 1-3 weeks) and severe (absence from sport > 4 weeks) (Sandelin et al 1987)
3. Time lost from training (Van Galen and Diederiks 1990)
4. minor (no further treatment required), moderate (some further treatment required) and severe injury (referral to hospital) (Finch 1995)

### **Working Time Lost**

Working time lost gives an indication of the financial consequences of sports injury to society. This should also include time lost from study for full time students.

### **Permanent Damage**

The majority of sport participants recover from injury without permanent disability, but serious injuries such as fractures, and ligament, eye and spinal injuries can result in permanent damage. A participant may have to modify their level of activity, choose an alternative sport or cease activity entirely. The injury may also impact on the individuals capacity for work..

### **Costs of Sports Injury**

The cost of injury includes the financial implications of the previous 5 headings. These costs can be categorised into direct and indirect costs. Direct costs include the cost of medical treatment, rehabilitation, medications, splints and braces, xrays, hospital costs etc. Indirect costs relate to the expenditure incurred due to working time lost and expertise due to death and handicap.

## Appendix D - Major Injury Factors NDSIS v2c

**Definition:** Types of objects and substances involved in the occurrence of injury.

Group Name	Code	Title
<b>01. Infant or child's product</b>	0101	baby pram, pusher, etc
	0102	baby walker
	0103	high chair
	0104	cot
	0109	other product intended for infant/child care
	0121	tree house, play house
	0122	tricycle (child's) or other ride on toy (excludes bicycle [0549])
	0129	other toy
	0141	flying fox
	0142	monkey bar or other playground climbing apparatus
	0143	slide, sliding board
	0144	swing, swing set
	0149	other playground equipment
	0199	other or unspecified infant or child's product
<b>02. Furnishing</b>	0201	bed (excludes bunk bed [0202], cot [0104])
	0202	bunk bed
	0219	cabinet, rack, room divider, shelf
	0229	chair, stool (excludes step, stool [0711])
	0239	sofa, couch, lounge, divan etc
	0249	table, desk, bench, etc
	0259	rug, mat, loose carpet
	0299	other or unspecified furnishing
	<b>03. Appliance</b>	0301
0302		cooking appliance (includes stove, oven, cook top, BBQ)
0319		heating appliance (includes space heater, electric radiator, slow combustion heater)
0329		refrigerator, freezer
0339		iron, other heated clothes pressing appliance
0349		washing machine
0399		other or unspecified appliance
<b>04. Utensil or container</b>		0409
	0419	cutlery, food preparation utensil (excludes knife [0409])
	0421	drinking glass
	0439	clothesline, clothes drying rack, clothes horse
	0459	waste container, rubbish basket, refuse bin
	0491	grocery or shopping trolley
	0499	other or unspecified utensil or container
	<b>05. Transport (includes mobile machinery)</b>	0509
0511		ag-bike
0519		motorcycle or sidecar, other or unspecified
0521		truck or goods van (3 tonnes or more)



	0522	light truck, utility, van (<3 tonnes)
	0539	bus (10 seat or more)
	0549	bicycle
	0559	trailer or horse float
	0569	train or tram
	0571	tractor
	0572	harvesting machine
	0573	auger
	0574	slasher
	0575	fork lift or lift truck
	0576	lawn mower (power or manual)
	0579	mobile machinery other or unspecified
	0589	vehicle part, fitting or accessory
	0599	other or unspecified transport
<b>06. Sporting equipment</b>		
	0601	ball
	0609	other sporting projectile (eg. javelin, discus, puck, shuttlecock)
	0629	bat, racquet, hockey stick, etc
	0649	object/structure on or near playing area (eg goal post, boundary fence)
	0699	other or unspecified sporting equipment
<b>07. Tool</b>		
	0701	nail, screw, carpet tack, drawing pin, etc
	0711	ladder, movable steps (incl. step stool)
	0712	scaffolding
	0721	hand tool: hammer (includes sledge, mallet, etc)
	0722	hand tool: chopping (eg hatchet, axe)
	0723	hand tool: cutting (eg saw, chisel, plane)
	0724	hand tool: lifting (eg jack, hoist)
	0731	power tool: nail gun or stud driver
	0732	power tool: grinder, buffer, polisher
	0741	power tool: chain saw
	0742	power tool: circular saw
	0749	power tool: other or unspecified
	0751	shearing plant
	0752	dairy/milking plant
	0753	press (excludes printing press [0799])
	0759	fixed plant/machinery other or unspecified
	0761	welding equipment
	0799	other or unspecified tool
<b>08. Natural object or animal</b>		
	0801	tree (includes branch, stick, twig)
	0802	plant (excludes tree [0801])
	0811	climatic factor (eg wind, rain, snow, sun)
	0821	natural surface (includes irregularity, such as pothole, ditch)
	0831	bee, wasp
	0832	dog
	0833	horse
	0834	reptile
	0835	spider
	0836	cattle
	0837	sheep
	0899	other or unspecified natural object or animal

### 09. Food, drink, personal use item

0901	hot oil or fat
0902	food; cold non-alcoholic beverage
0903	alcohol (beverage)
0904	hot beverage (eg tea, coffee, soup)
0921	footwear (includes sporting or industrial shoe or boot)
0929	other clothing
0941	jewellery
0942	coin
0943	pen, pencil
0999	other or unspecified food, drink or personal use item

### 10. Chemical substance

1001	moth repellent (includes naphthalene, camphor)
1002	petrol, other petroleum distillate (eg kerosene, diesel, fuel oil, white spirit)
1003	dishwasher detergent
1004	soap, detergent, cleaning compounds (excludes dishwasher detergent)
1005	paint, paint thinner (includes turpentine), paint stripper
1006	bleach, caustic (includes ammonia)
1007	carbon monoxide
1008	pesticide, insecticide, herbicide
1049	other or unspecified chemical substance (excludes drug medication [1099])
1050	antihistamine
1051	aspirin, aspirin compound
1052	paracetamol, paracetamol compound
1053	sedative, tranquilliser, psychotropic
1054	ointment, topical medicine, liniment
1055	preparation containing iron salt
1099	other or unspecified drug or medication

### 11. Structure or fitting

1101	toilet bowl, cistern, associated plumbing
1102	bathtub, shower
1121	door (includes sill, frame, etc, excludes glass door)
1122	glass door
1123	window (includes sill, frame etc)
1124	floor
1141	fence, gate
1161	handrail, railing, banister
1189	electrical fixture (includes wiring system)
1199	other or unspecified structure or fixture

### 12. Material (not part of structure or of uncertain origin)

1209	rock, stone, gravel, etc
1219	brick, concrete, concrete block
1229	wood: timber, board, splinter, etc
1239	metal: sheet, part, piece, etc
1249	glass: sheet, piece, shard etc
1299	other or unspecified material

**13. Miscellaneous**

- 1301 pin, needle (excludes hypodermic needle [1302])
- 1302 hypodermic needle, syringe
- 1321 hot water
- 1322 water (excludes hot water [1321])
- 1331 rope or string
- 1399 other or unspecified factor

**Appendix E - An example of a Sport Specific Data Collection Form**



# RUGBY LEAGUE INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_ Player/Referee/Coach/Spectator

Circle

Gender: M  F  Venuue/area at which injury occurred: \_\_\_\_\_

Grade: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Team: \_\_\_\_\_

**Date of Injury** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Type of activity at time of injury**

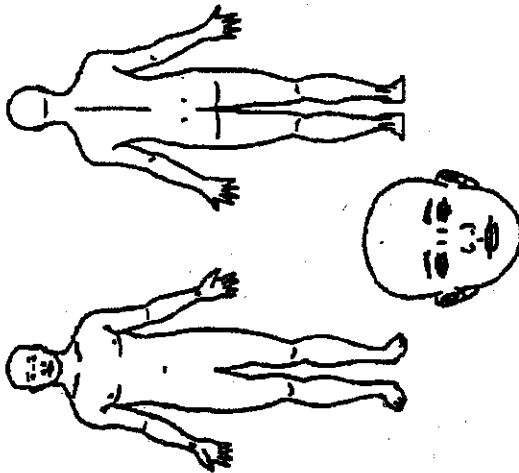
- training/practice
- competition
- other \_\_\_\_\_

**Reason for Presentation**

- new injury
- exacerbated/aggravated injury
- recurrent injury
- illness
- other \_\_\_\_\_

**Body Region Injured**

Tick or circle body part/s injured & name



**Body part/s** \_\_\_\_\_

**Nature of Injury/Illness**

- abrasion/graze
- sprain eg ligament tear
- strain eg muscle tear
- open wound/laceration/cut
- bruise/contusion
- inflammation/swelling
- fracture (including suspected)
- dislocation/subluxation
- overuse injury to muscle or tendon
- blisters
- concussion
- cardiac problem
- respiratory problem
- loss of consciousness
- unspecified medical condition
- other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**CAUSE OF INJURY**

- Mechanism of Injury**
- struck by other player (eg in tackle)
  - struck by ball (eg dislocated finger)
  - collision with or tackling other player
  - collision with fixed object (goal post)
  - fall/stumble on same level
  - slip/trip
  - twisting to pass or accelerate
  - scrum collapse or scrum contact
  - overexertion (eg muscle tear)
  - overuse
  - temperature related eg heat stress
  - other \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**

\_\_\_\_\_  
 \_\_\_\_\_

**Protective Equipment**

Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg mouthguard, ankle brace, taping.

\_\_\_\_\_

**Initial Treatment**

- none given (not required)
- RICER  dressing
- sling, splint  crutches
- massage  manual therapy
- CPR  stretch/exercises
- strapping/taping only
- none given - referred elsewhere
- other \_\_\_\_\_

**Advice Given**

- immediate return unrestricted activity
- able to return with restriction
- unable to return at present time

**Referral**

- no referral
- medical practitioner
- physiotherapist
- chiropractor or other professional
- ambulance transport
- hospital
- other \_\_\_\_\_

**Provisional severity assessment**

- mild (1-7 days modified activity)
- moderate (8-21 days modified activity)
- severe (>21 days modified or lost)

**Treating person**

- medical practitioner
- physiotherapist
- nurse
- sports trainer
- other \_\_\_\_\_

**Signature of treating person**

\_\_\_\_\_

**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

# CRICKET INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_

Circle Player/Umpire/Coach/Spectator

Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

Date of Injury \_\_\_\_/\_\_\_\_/\_\_\_\_

Type of activity at time of injury

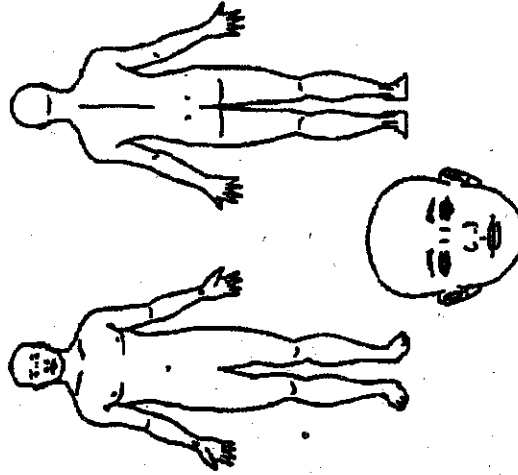
- training/practice
- competition
- other \_\_\_\_\_

Reason for Presentation

- new injury
- exacerbated/aggravated injury
- recurrent injury
- illness
- other \_\_\_\_\_

Body Region Injured

Tick or circle body part/s injured & name



Body part/s \_\_\_\_\_

Nature of Injury/Illness

- abrasion/graze
- sprain eg ligament tear
- strain eg muscle tear
- open wound/laceration/cut
- bruise/contusion
- inflammation/swelling
- fracture (including suspected)
- dislocation/subluxation
- overuse injury to muscle or tendon
- blisters
- concussion
- cardiac problem
- respiratory problem
- loss of consciousness
- unspecified medical condition
- other \_\_\_\_\_

Provisional diagnosis/es \_\_\_\_\_

### CAUSE OF INJURY

- Mechanism of Injury**
- struck by ball or object
  - collision with other player/referee
  - collision with fixed object
  - fall/stumble on same level
  - jumping to field ball
  - awkward landing
  - overexertion (eg muscle tear)
  - overuse
  - slip/trip
  - temperature related eg heat stress
  - other \_\_\_\_\_

Explain exactly how the incident occurred

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?

\_\_\_\_\_

Protective Equipment

Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg mouthguard, ankle brace, taping.

\_\_\_\_\_

Initial Treatment

- none given (not required)
- RICER  dressing
- sling, splint  crutches
- massage  manual therapy
- CPR  stretch/exercises
- strapping/taping only
- none given - referred elsewhere
- other \_\_\_\_\_

Advice Given

- immediate return unrestricted activity
- able to return with restriction
- unable to return at present time

Referral

- no referral
- medical practitioner
- physiotherapist
- chiropractor or other professional
- ambulance transport
- hospital
- other \_\_\_\_\_

Provisional severity assessment

- mild (1-7 days modified activity)
- moderate (8-21 days modified activity)
- severe (>21 days modified or lost)

Treating person

- medical practitioner
- physiotherapist
- nurse
- sports trainer
- other \_\_\_\_\_

Signature of treating person

\_\_\_\_\_

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

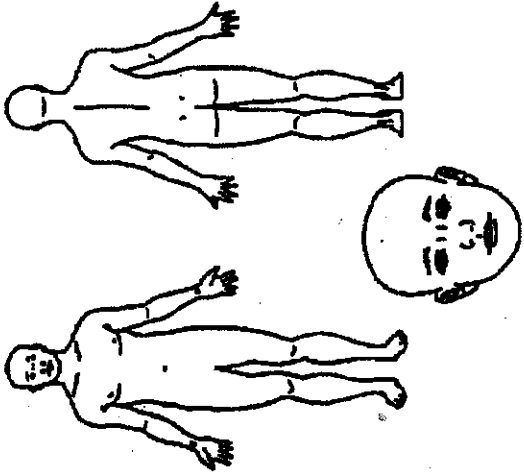
**BASEBALL INJURY REPORTING FORM**

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Player Position: \_\_\_\_\_ Player/Umpire /Coach/Spectator \_\_\_\_\_  
 Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_\_/\_\_\_\_/\_\_\_\_  
**Type of activity at time of injury**  
 training/practice  
 competition  
 other \_\_\_\_\_  
**Reason for Presentation**  
 new injury  
 exacerbated/aggravated injury  
 recurrent injury  
 illness  
 other \_\_\_\_\_

**Nature of Injury/Illness**  
 abrasion/graze  
 sprain eg ligament tear  
 open wound/laceration/cut  
 bruise/contusion  
 inflammation/swelling  
 fracture (including suspected)  
 dislocation/subluxation  
 strain eg muscle tear  
 overuse injury to muscle or tendon  
 blisters  
 concussion  
 cardiac problem  
 respiratory problem  
 loss of consciousness  
 unspecified medical condition  
 other \_\_\_\_\_

**Explain exactly how the incident occurred**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Body Region Injured**  
 Tick or circle body part/s injured & name  
  
 \_\_\_\_\_  
**Body part/s**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Provisional diagnosis/es**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
**CAUSE OF INJURY**  
**Mechanism of Injury**  
 sliding into base  
 struck by other player  
 struck by ball, bat or object  
 collision with other player/referee  
 collision with fixed object eg base  
 fall/stumble on same level  
 jumping to field  
 fall from height/awkward landing  
 overexertion (eg muscle tear)  
 overuse  
 slip/trip  
 temperature related eg heat stress  
 other \_\_\_\_\_

**Protective Equipment**  
 Was protective equipment worn on the injured body part?  yes  no  
 If yes, what type eg mouthguard, ankle brace, taping, glove.  
 \_\_\_\_\_  
**Initial Treatment**  
 none given (not required)  
 RICER  dressing  
 sling, splint  crutches  
 massage  manual therapy  
 CPR  stretch/exercises  
 strapping/taping only  
 none given - referred elsewhere  
 other \_\_\_\_\_

**Advice Given**  
 immediate return unrestricted activity  
 able to return with restriction  
 unable to return at present time  
**Referral**  
 no referral  
 medical practitioner  
 physiotherapist  
 chiropractor or other professional  
 ambulance transport  
 hospital  
 other \_\_\_\_\_  
**Provisional severity assessment**  
 mild (1-7 days modified activity)  
 moderate (8-21 days modified activity)  
 severe (>21 days modified or lost)  
**Treating person**  
 medical practitioner  
 physiotherapist  
 nurse  
 sports trainer  
 other \_\_\_\_\_  
**Signature of treating person**  
 \_\_\_\_\_  
**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_



# TOUCH INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_

Circle Player/Referee/Coach/Spectator

Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Type of activity at time of injury**

training/practice

competition

other \_\_\_\_\_

**Reason for Presentation**

new injury

exacerbated/aggravated injury

recurrent injury

illness

other \_\_\_\_\_

**Nature of Injury/Illness**

abrasion/graze

sprain eg ligament tear

strain eg muscle tear

open wound/laceration/cut

bruise/contusion

inflammation/swelling

fracture (including suspected)

dislocation/subluxation

overuse injury to muscle or tendon

blisters

concussion

cardiac problem

respiratory problem

loss of consciousness

unspecified medical condition

other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**

\_\_\_\_\_

\_\_\_\_\_

**Advice Given**

immediate return unrestricted activity

able to return with restriction

unable to return at present time

**Referral**

no referral

medical practitioner

physiotherapist

chiropractor or other professional


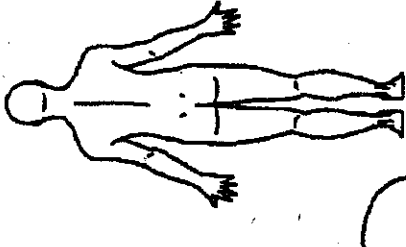

ambulance transport

hospital

other \_\_\_\_\_

**Body Region Injured**

Tick or circle body part/s injured & name

\_\_\_\_\_

**Body part/s** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**

twisting or sidestepping

overexertion (eg muscle tear)

collision with other player/referee

collision with fixed object

fall/stumble on same level

struck by other player

struck by ball

fall from height/awkward landing

slip/trip

overuse

temperature related eg heat stress

other \_\_\_\_\_

**Protective Equipment**

Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg mouthguard, ankle brace, taping.

\_\_\_\_\_

\_\_\_\_\_

**Provisional severity assessment**

mild (1-7 days modified activity)

moderate (8-21 days modified activity)

severe (>21 days modified or lost)

**Treating person**

medical practitioner

physiotherapist

nurse

sports trainer

other \_\_\_\_\_

**Initial Treatment**

none given (not required)

RICER  dressing

sling, splint  crutches

massage  manual therapy

CPR  stretch/exercises

strapping/taping only

none given - referred elsewhere

other \_\_\_\_\_

**Signature of treating person**

\_\_\_\_\_

**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_



# GYMNASTICS INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_ Circle \_\_\_\_\_ Player/Referee/Coach/Spectator \_\_\_\_\_  
 Level: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_/\_\_\_/\_\_\_

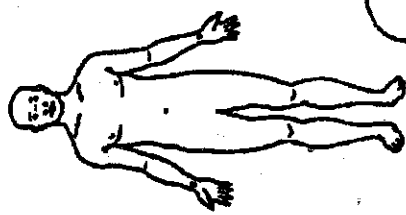
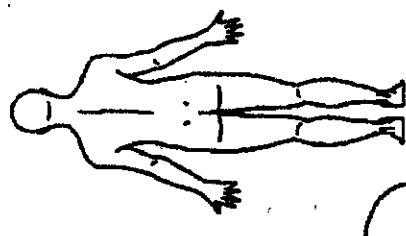

**Type of activity at time of injury**

training/practice  
 competition  
 other \_\_\_\_\_

**Reason for Presentation**

new injury  
 exacerbated/aggravated injury  
 recurrent injury  
 illness  
 other \_\_\_\_\_

**Body Region Injured**  
 Tick or circle body part/s injured & name

Body part/s \_\_\_\_\_

**Nature of Injury/Illness**

abrasion/graze  
 sprain eg ligament tear  
 strain eg muscle tear  
 open wound/laceration/cut  
 bruise/contusion  
 inflammation/swelling  
 fracture (including suspected)  
 dislocation/subluxation  
 overuse injury to muscle or tendon  
 blisters  
 concussion  
 cardiac problem  
 respiratory problem  
 loss of consciousness  
 unspecified medical condition  
 other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**

collision with fixed object eg vaulting  
 fall/stumble on same level eg on mats  
 fall from height/awkward landing eg from apparatus or from jump  
 slip/trip  
 collision with other person  
 overstretch  
 overbalance  
 overexertion (eg muscle tear)  
 overuse  
 other \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Protective Equipment**  
 Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg wrist brace, taping.

\_\_\_\_\_

**Initial Treatment**

none given (not required)  
 RICER  dressing  
 sling, splint  crutches  
 massage  manual therapy  
 CPR  stretch/exercises  
 strapping/taping only  
 none given - referred elsewhere  
 other \_\_\_\_\_

**Advice Given**

immediate return unrestricted activity  
 able to return with restriction  
 unable to return at present time

**Referral**

no referral  
 medical practitioner  
 physiotherapist  
 chiropractor or other professional  
 ambulance transport  
 hospital  
 other \_\_\_\_\_

**Provisional severity assessment**

mild (1-7 days modified activity)  
 moderate (8-21 days modified activity)  
 severe (>21 days modified or lost)

**Treating person**

medical practitioner  
 physiotherapist  
 nurse  
 sports trainer  
 other \_\_\_\_\_

**Signature of treating person**

\_\_\_\_\_

**Today's Date:** \_\_\_/\_\_\_/\_\_\_

**VOLLEYBALL INJURY REPORTING FORM**

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_

Circle \_\_\_\_\_

Player/Referee/Coach/Spectator

Gender: M  F  Vennu/area at which injury occurred: \_\_\_\_\_

Grade: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

**Date of Injury** \_\_\_/\_\_\_/\_\_\_

**Type of activity at time of injury**

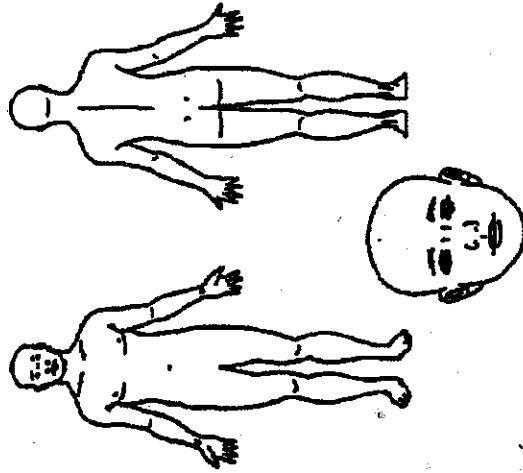
- training/practice
- competition
- other \_\_\_\_\_

**Reason for Presentation**

- new injury
- exacerbated/aggravated injury
- recurrent injury
- illness
- other \_\_\_\_\_

**Body Region Injured**

Tick or circle body part/s injured & name



**Body part/s** \_\_\_\_\_

**Nature of Injury/Illness**

- abrasion/graze
- sprain eg ligament tear
- strain eg muscle tear
- open wound/laceration/cut
- bruise/contusion
- inflammation/swelling
- fracture (including suspected)
- dislocation/subluxation
- overuse injury to muscle or tendon
- blisters
- concussion
- cardiac problem
- respiratory problem
- loss of consciousness
- unspecified medical condition
- other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**

- jumping to block or spike
- awkward landing (on player's foot)
- struck by ball (eg fingers in setting)
- overexertion (eg muscle tear)
- collision with other player
- collision with fixed object
- fall/stumble on same level
- struck by other player
- overuse
- slip/trip
- temperature related eg heat stress
- other \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?

\_\_\_\_\_  
 \_\_\_\_\_

**Protective Equipment**

Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg ankle brace, taping.

\_\_\_\_\_

**Initial Treatment**

- none given (not required)
- RICER  dressing
- sling, splint  crutches
- massage  manual therapy
- CPR  stretch/exercises
- strapping/taping only
- none given - referred elsewhere
- other \_\_\_\_\_

**Advice Given**

- immediate return unrestricted activity
- able to return with restriction
- unable to return at present time

**Referral**

- no referral
- medical practitioner
- physiotherapist
- chiropractor or other professional
- ambulance transport
- hospital
- other \_\_\_\_\_

**Provisional severity assessment**

- mild (1-7 days modified activity)
- moderate (8-21 days modified activity)
- severe (>21 days modified or lost)

**Treating person**

- medical practitioner
- physiotherapist
- nurse
- sports trainer
- other \_\_\_\_\_

**Signature of treating person**

\_\_\_\_\_  
 \_\_\_\_\_

**Today's Date:** \_\_\_/\_\_\_/\_\_\_

# SOFTBALL INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_  
 Gender: M  F  Grade: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_  
 Circle \_\_\_\_\_ Venue/area at which injury occurred: \_\_\_\_\_  
 Player/Referee/Coach/Spectator

**Date of Injury** \_\_\_/\_\_\_/\_\_\_

**Type of activity at time of injury**

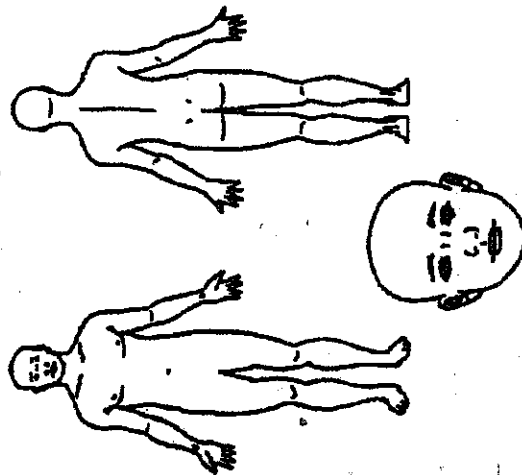
- training/practice
- competition
- other \_\_\_\_\_

**Reason for Presentation**

- new injury
- exacerbated/aggravated injury
- recurrent injury
- illness
- other \_\_\_\_\_

**Body Region Injured**

Tick or circle body part/s injured & name



**Body part/s** \_\_\_\_\_

**Nature of Injury/Illness**

- abrasion/graze
- sprain eg ligament tear
- strain eg muscle tear
- bruise/contusion
- inflammation/swelling
- fracture (including suspected)
- dislocation/subluxation
- overuse injury to muscle or tendon
- blisters
- concussion
- cardiac problem
- respiratory problem
- loss of consciousness
- unspecified medical condition
- other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**

- struck by bat, ball or object
- sliding into base
- struck by other player
- collision with other player/referee
- collision with fixed object eg base
- fall/stumble on same level
- jumping to field
- fall from height/awkward landing
- overexertion (eg muscle tear)
- overuse
- slip/trip
- temperature related eg heat stress
- other \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**

\_\_\_\_\_

\_\_\_\_\_

**Protective Equipment**

Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg mouthguard, ankle brace, taping, glove.

\_\_\_\_\_

**Initial Treatment**

- none given (not required)
- RICER  dressing
- sling, splint  crutches
- massage  manual therapy
- CPR  stretch/exercises
- strapping/taping only
- none given - referred elsewhere
- other \_\_\_\_\_

**Advice Given**

- immediate return unrestricted activity
- able to return with restriction
- unable to return at present time

**Referral**

- no referral
- medical practitioner
- physiotherapist
- chiropractor or other professional
- ambulance transport
- hospital
- other \_\_\_\_\_

**Provisional severity assessment**

- mild (1-7 days modified activity)
- moderate (8-21 days modified activity)
- severe (>21 days modified or lost)

**Treating person**

- medical practitioner
- physiotherapist
- nurse
- sports trainer
- other \_\_\_\_\_

**Signature of treating person**

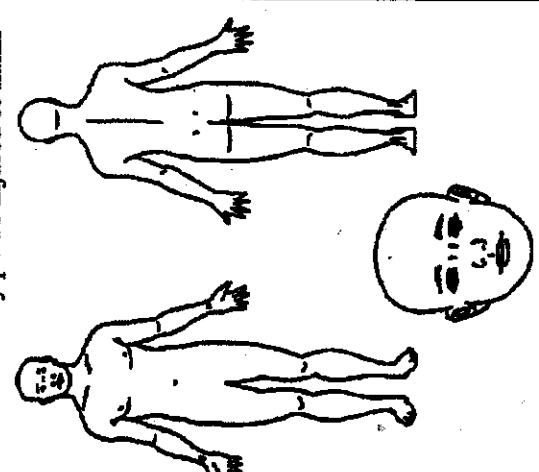
\_\_\_\_\_

**Today's Date:** \_\_\_/\_\_\_/\_\_\_

**HOCKEY INJURY REPORTING FORM**

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_ Circle \_\_\_\_\_ Player/Referee/Coach/Spectator \_\_\_\_\_  
 Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_  
 Advice Given \_\_\_\_\_

**Date of Injury** \_\_\_\_/\_\_\_\_/\_\_\_\_  
**Type of activity at time of injury**  
 training/practice  
 competition  
 other \_\_\_\_\_  
**Reason for Presentation**  
 new injury  
 exacerbated/aggravated injury  
 recurrent injury  
 illness  
 other \_\_\_\_\_

**Body Region Injured**  
 Tick or circle body part/s injured & name \_\_\_\_\_  
  
**Body part/s** \_\_\_\_\_

**Nature of Injury/Illness**  
 abrasion/graze  
 sprain eg ligament tear  
 strain eg muscle tear  
 open wound/laceration/cut  
 bruise/contusion  
 inflammation/swelling  
 fracture (including suspected)  
 dislocation/subluxation  
 overuse injury to muscle or tendon  
 blisters  
 concussion  
 cardiac problem  
 respiratory problem  
 loss of consciousness  
 unspecified medical condition  
 other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_  
**CAUSE OF INJURY**  
**Mechanism of Injury**  
 struck by other player  
 struck by ball or stick  
 collision with other player/referee  
 collision with fixed object  
 fall/stumble on same level  
 slip/trip  
 overexertion (eg muscle tear)  
 overuse  
 temperature related eg heat stress  
 other \_\_\_\_\_

**Explain exactly how the incident occurred**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Protective Equipment**  
 Was protective equipment worn on the injured body part?  yes  no  
 If yes, what type eg mouthguard, ankle brace, taping, shin pad.  
 \_\_\_\_\_  
**Initial Treatment**  
 none given (not required)  
 RICER  dressing  
 sling, splint  crutches  
 massage  manual therapy  
 CPR  stretch/exercises  
 strapping/taping only  
 none given - referred elsewhere  
 other \_\_\_\_\_

**Advice Given**  
 immediate return unrestricted activity  
 able to return with restriction  
 unable to return at present time  
**Referral**  
 no referral  
 medical practitioner  
 physiotherapist  
 chiropractor or other professional  
 ambulance transport  
 hospital  
 other \_\_\_\_\_

**Provisional severity assessment**  
 mild (1-7 days modified activity)  
 moderate (8-21 days modified activity)  
 severe (>21 days modified or lost)  
**Treating person**  
 medical practitioner  
 physiotherapist  
 nurse  
 sports trainer  
 other \_\_\_\_\_

**Signature of treating person**  
 \_\_\_\_\_  
**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

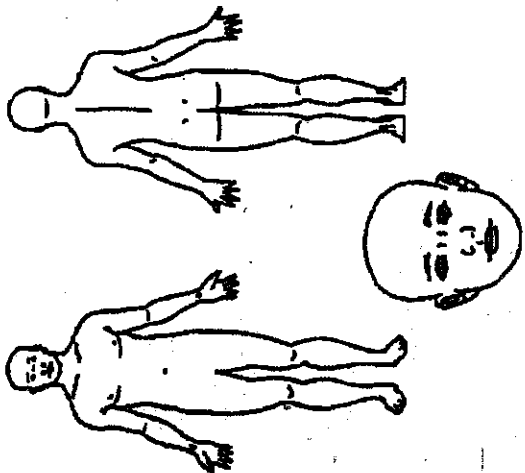
# SKIING INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_ Circle \_\_\_\_\_ Player/Referee/Coach/Spectator \_\_\_\_\_  
 Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_/\_\_\_/\_\_\_  
**Type of activity at time of injury**  
 training/practice  
 competition  
 recreational  
 other \_\_\_\_\_

**Reason for Presentation**  
 new injury  
 exacerbated/aggravated injury  
 recurrent injury  
 illness  
 other \_\_\_\_\_

**Body Region Injured**  
 Tick or circle body part/s injured & name \_\_\_\_\_



**Body part/s** \_\_\_\_\_

**Nature of Injury/Illness**  
 abrasion/graze  
 sprain eg ligament tear  
 strain eg muscle tear  
 open wound/laceration/cut  
 bruise/contusion  
 inflammation/swelling  
 fracture (including suspected)  
 dislocation/subluxation  
 overuse injury to muscle or tendon  
 blisters  
 concussion  
 cardiac problem  
 respiratory problem  
 loss of consciousness  
 unspecified medical condition  
 other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**  
 collision with other skier  
 collision with fixed object or tree  
 fall/stumble on same level  
 fall from height/awkward landing  
 overexertion (eg muscle tear)  
 crossed tips  
 twisted on skis  
 fatigue  
 overuse  
 slip/trip  
 temperature related eg hyperthermia  
 other \_\_\_\_\_

**Explain exactly how the incident occurred**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Were there any contributing factors to the incident, ski boots or bindings, skiing conditions?**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Protective Equipment**  
 Was protective equipment worn on the injured body part?  yes  no

**If yes, what type eg gloves, arm padding.**  
 \_\_\_\_\_

**Initial Treatment**  
 none given (not required)  
 RICER  dressing  
 sling, splint  crutches  
 massage  manual therapy  
 CPR  stretch/exercises  
 strapping/taping only  
 none given - referred elsewhere  
 other \_\_\_\_\_

**Advice Given**  
 immediate return unrestricted activity  
 able to return with restriction  
 unable to return at present time

**Referral**  
 no referral  
 medical practitioner  
 physiotherapist  
 chiropractor or other professional  
 ambulance transport  
 hospital  
 other \_\_\_\_\_

**Provisional severity assessment**  
 mild (1-7 days modified activity)  
 moderate (8-21 days modified activity)  
 severe (>21 days modified or lost)

**Treating person**  
 medical practitioner  
 physiotherapist  
 nurse  
 sports trainer  
 ski patroller  
 other \_\_\_\_\_

**Signature of treating person**  
 \_\_\_\_\_

**Today's Date:** \_\_\_/\_\_\_/\_\_\_

# TRACK AND FIELD INJURY REPORTING FORM

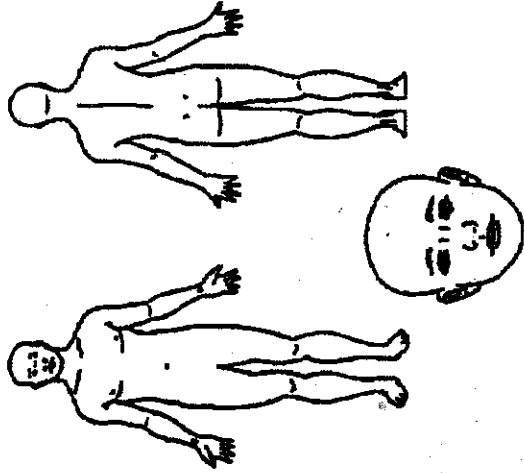
Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Gender: M  F  Event: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_

Circle Person Injured \_\_\_\_\_ Player/Referee/Coach/Spectator \_\_\_\_\_ Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_\_/\_\_\_\_/\_\_\_\_  
**Type of activity at time of injury**  
 training/practice  
 competition  
 other \_\_\_\_\_

**Reason for Presentation**  
 new injury  
 exacerbated/aggravated injury  
 recurrent injury  
 illness  
 other \_\_\_\_\_

**Body Region Injured**  
 Tick or circle body part/s injured & name



**Body part/s**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Nature of Injury/Illness**  
 sprain eg ligament tear  
 strain eg muscle tear  
 abrasion/graze  
 bruise/contusion  
 inflammation/swelling  
 fracture (including suspected)  
 dislocation/subluxation  
 open wound/laceration/cut  
 overuse injury to muscle or tendon  
 blisters  
 concussion  
 cardiac problem  
 respiratory problem  
 loss of consciousness  
 unspecified medical condition  
 other \_\_\_\_\_

**Provisional diagnosis/es**  
 \_\_\_\_\_  
 \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**  
 overexertion (eg muscle tear)  
 overuse  
 fall/stumble on same level  
 jumping (eg long, high, hurdles)  
 fall from height/awkward landing  
 slip/trip  
 collision with other competitor  
 collision with fixed object  
 struck by other competitor  
 struck by ball or object  
 throwing (javelin, shot, hammer)  
 temperature related eg heat stress  
 other \_\_\_\_\_

**Explain exactly how the incident occurred**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Were there any contributing factors to the incident, unsuitable footwear, competition surface, equipment, foul play?**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Protective Equipment**  
 Was protective equipment worn on the injured body part?  yes  no

**If yes, what type eg ankle brace, taping.**  
 \_\_\_\_\_

**Initial Treatment**  
 none given (not required)  
 RICER  massage  
 sling, splint  manual therapy  
 dressing  stretch/exercises  
 strapping/taping only  
 crutches  
 CPR  
 none given - referred elsewhere  
 other \_\_\_\_\_

**Action**  
 immediate return to activity  
 unable to return today to activity  
 able to return but chose not to  
 referred for further assessment before return to activity

**Referral**  
 no referral  
 medical practitioner  
 physiotherapist  
 chiropractor or other professional  
 ambulance transport  
 hospital  
 other \_\_\_\_\_

**Provisional severity assessment**  
 mild (1-7 days modified activity)  
 moderate (8-21 days modified activity)  
 severe (>21 days modified or lost)

**Treating person**  
 medical practitioner  
 physiotherapist  
 nurse  
 sports trainer  
 other \_\_\_\_\_

**Signature of treating person**  
 \_\_\_\_\_

**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Specific Recommendations:**  
 \_\_\_\_\_  
 \_\_\_\_\_



# SOCCER INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_ Circle \_\_\_\_\_ Player/Referee/Coach/Spectator \_\_\_\_\_

Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_/\_\_\_/\_\_\_

**Type of activity at time of injury**

training/practice

competition

other \_\_\_\_\_

**Reason for Presentation**

new injury

exacerbated/aggravated injury

recurrent injury

illness

other \_\_\_\_\_

**Nature of Injury/Illness**

abrasion/graze

sprain eg ligament tear

strain eg muscle tear

open wound/laceration/cut

bruise/contusion

inflammation/swelling

fracture (including suspected)

dislocation/subluxation

overuse injury to muscle or tendon

blisters

concussion

cardiac problem

respiratory problem

loss of consciousness

unspecified medical condition

other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Advice Given**

immediate return unrestricted activity

able to return with restriction

unable to return at present time

**Referral**

no referral

medical practitioner

physiotherapist

chiropractor or other professional

ambulance transport

hospital

other \_\_\_\_\_

**Provisional severity assessment**

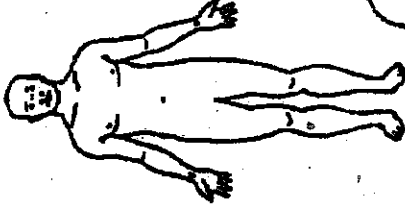
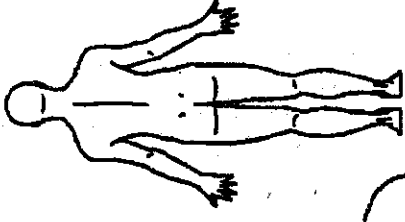
mild (1-7 days modified activity)


moderate (8-21 days modified activity)

severe (>21 days modified or lost)

**Body Region Injured**

Tick or circle body part/s injured & name



**Body part/s** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**

struck by other player

struck by ball or object

collision with other player/referee

collision with fixed object

fall/stumble on same level

heading ball

fall from height/awkward landing

overexertion (eg muscle tear)

overuse

slip/trip

temperature related eg heat stress

other \_\_\_\_\_

**Protective Equipment**

Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg mouthguard, ankle brace, taping, shin guard.

\_\_\_\_\_

\_\_\_\_\_

**Initial Treatment**

none given (not required)

RICER  dressing

sling, splint  crutches

massage  manual therapy

CPR  stretch/exercises

strapping/taping only

none given - referred elsewhere

other \_\_\_\_\_

**Treating person**

medical practitioner

physiotherapist

nurse

sports trainer

other \_\_\_\_\_

**Signature of treating person**

\_\_\_\_\_

**Today's Date:** \_\_\_/\_\_\_/\_\_\_



# AUSTRALIAN FOOTBALL INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_

Player/Umpire/Coach/Spectator

Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_/\_\_\_/\_\_\_

**Type of activity at time of injury**

training/practice

competition

other \_\_\_\_\_

**Reason for Presentation**

new injury

exacerbated/aggravated injury

recurrent injury

illness

other \_\_\_\_\_

**Nature of Injury/Illness**

abrasion/graze

open wound/laceration/cut

bruise/contusion

inflammation/swelling

fracture (including suspected)

dislocation/subluxation

sprain eg ligament tear

strain eg muscle tear

overuse injury to muscle or tendon

blisters

concussion

cardiac problem

respiratory problem

loss of consciousness

unspecified medical condition

other \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Advice Given**

immediate return unrestricted activity

able to return with restriction

unable to return at present time

**Referral**

no referral

medical practitioner

physiotherapist

chiropractor or other professional

ambulance transport

hospital

other \_\_\_\_\_

**Provisional severity assessment**

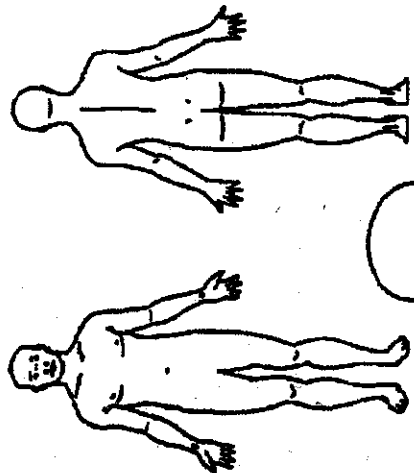

mild (1-7 days modified activity)

moderate (8-21 days modified activity)

severe (>21 days modified or lost)

**Body Region Injured**

Tick or circle body part/s injured & name

\_\_\_\_\_

\_\_\_\_\_

**Body part/s**

\_\_\_\_\_

\_\_\_\_\_

**Provisional diagnosis/es**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**

struck by other player

struck by ball (eg dislocated finger)

collision with other player/referee

collision with fixed object (goal post)

fall/stumble on same level

jumping

landing from jump

slip/trip

twisting to pass or accelerate

overexertion (eg muscle tear)

overuse

temperature related eg heat stress

other \_\_\_\_\_

**Protective Equipment**

Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg mouthguard, ankle brace, taping.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Initial Treatment**

none given (not required)

RICER  dressing

sling, splint  crutches

massage  manual therapy

CPR  stretch/exercises

strapping/taping only

none given - referred elsewhere

other \_\_\_\_\_

**Treating person**

medical practitioner

physiotherapist

nurse

sports trainer

other \_\_\_\_\_

**Signature of treating person**

\_\_\_\_\_

**Today's Date:** \_\_\_/\_\_\_/\_\_\_

**MARTIAL ARTS INJURY REPORTING FORM**

Player/Referee/Coach/Spectator

Circle

Initials: \_\_\_\_\_

Gender: M  F     Venue/area at which injury occurred: \_\_\_\_\_

Level: \_\_\_\_\_    DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

<p><b>Date of Injury</b>    ____/____/____</p> <p><b>Type of activity at time of injury</b></p> <p><input type="checkbox"/> training/practice</p> <p><input type="checkbox"/> competition</p> <p><input type="checkbox"/> other _____</p> <p><b>Reason for Presentation</b></p> <p><input type="checkbox"/> new injury</p> <p><input type="checkbox"/> exacerbated/aggravated injury</p> <p><input type="checkbox"/> recurrent injury</p> <p><input type="checkbox"/> illness</p> <p><input type="checkbox"/> other _____</p> <p><b>Body Region Injured</b></p> <p>Tick or circle body part/s injured &amp; name</p> <div style="text-align: center;"> </div> <p><b>Body part/s</b></p> <p>_____</p> <p>_____</p>	<p><b>Nature of Injury/Illness</b></p> <p><input type="checkbox"/> abrasion/graze</p> <p><input type="checkbox"/> sprain eg ligament tear</p> <p><input type="checkbox"/> strain eg muscle tear</p> <p><input type="checkbox"/> open wound/laceration/cut</p> <p><input type="checkbox"/> bruise/contusion</p> <p><input type="checkbox"/> inflammation/swelling</p> <p><input type="checkbox"/> fracture (including suspected)</p> <p><input type="checkbox"/> dislocation/subluxation</p> <p><input type="checkbox"/> overuse injury to muscle or tendon</p> <p><input type="checkbox"/> blisters</p> <p><input type="checkbox"/> concussion</p> <p><input type="checkbox"/> cardiac problem</p> <p><input type="checkbox"/> respiratory problem</p> <p><input type="checkbox"/> loss of consciousness</p> <p><input type="checkbox"/> unspecified medical condition</p> <p><input type="checkbox"/> other _____</p> <p><b>Provisional diagnosis/es</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p align="center"><b>CAUSE OF INJURY</b></p> <p><b>Mechanism of Injury</b></p> <p><input type="checkbox"/> struck by other player</p> <p><input type="checkbox"/> struck by object</p> <p><input type="checkbox"/> collision with other player/referee</p> <p><input type="checkbox"/> collision with fixed object</p> <p><input type="checkbox"/> fall/stumble on same level</p> <p><input type="checkbox"/> jumping</p> <p><input type="checkbox"/> fall from height/awkward landing</p> <p><input type="checkbox"/> overexertion (eg muscle tear)</p> <p><input type="checkbox"/> twisting</p> <p><input type="checkbox"/> overuse</p> <p><input type="checkbox"/> slip/trip</p> <p><input type="checkbox"/> temperature related eg heat stress</p> <p><input type="checkbox"/> other _____</p>	<p>Explain exactly how the incident occurred</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><b>Protective Equipment</b></p> <p>Was protective equipment worn on the injured body part?    <input type="checkbox"/> yes    <input type="checkbox"/> no</p> <p>If yes, what type eg mouthguard, ankle brace, taping.</p> <p>_____</p> <p><b>Initial Treatment</b></p> <p><input type="checkbox"/> none given (not required)</p> <p><input type="checkbox"/> RICER    <input type="checkbox"/> dressing</p> <p><input type="checkbox"/> sling, splint    <input type="checkbox"/> crutches</p> <p><input type="checkbox"/> massage    <input type="checkbox"/> manual therapy</p> <p><input type="checkbox"/> CPR    <input type="checkbox"/> stretch/exercises</p> <p><input type="checkbox"/> strapping/taping only</p> <p><input type="checkbox"/> none given - referred elsewhere</p> <p><input type="checkbox"/> other _____</p>	<p><b>Advice Given</b></p> <p><input type="checkbox"/> immediate return unrestricted activity</p> <p><input type="checkbox"/> able to return with restriction</p> <p><input type="checkbox"/> unable to return at present time</p> <p><b>Referral</b></p> <p><input type="checkbox"/> no referral</p> <p><input type="checkbox"/> medical practitioner</p> <p><input type="checkbox"/> physiotherapist</p> <p><input type="checkbox"/> chiropractor or other professional</p> <p><input type="checkbox"/> ambulance transport</p> <p><input type="checkbox"/> hospital</p> <p><input type="checkbox"/> other _____</p> <p><b>Provisional severity assessment</b></p> <p><input type="checkbox"/> mild (1-7 days modified activity)</p> <p><input type="checkbox"/> moderate (8-21 days modified activity)</p> <p><input type="checkbox"/> severe (&gt;21 days modified or lost)</p> <p><b>Treating person</b></p> <p><input type="checkbox"/> medical practitioner</p> <p><input type="checkbox"/> physiotherapist</p> <p><input type="checkbox"/> nurse</p> <p><input type="checkbox"/> sports trainer</p> <p><input type="checkbox"/> other _____</p> <p><b>Signature of treating person</b></p> <p>_____</p> <p>_____</p> <p><b>Today's Date:</b>    ____/____/____</p>
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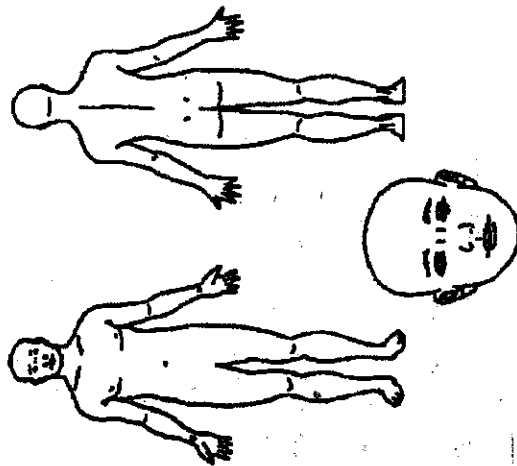
# EQUESTRIAN INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Rider/Judge/Coach/Spectator Circle Gender: M  F  Venue/area at which injury occurred: \_\_\_\_\_

**Date of Injury** \_\_\_\_/\_\_\_\_/\_\_\_\_  
**Type of activity at time of injury**  
 training/practice  
 competition  
 other \_\_\_\_\_

**Reason for Presentation**  
 new injury  
 exacerbated/aggravated injury  
 recurrent injury  
 illness  
 other \_\_\_\_\_

**Body Region Injured**  
 Tick or circle body part/s injured & name



**Body part/s** \_\_\_\_\_

**Nature of Injury/Illness**  
 abrasion/graze  
 sprain eg ligament tear  
 strain eg muscle tear  
 open wound/laceration/cut  
 bruise/contusion  
 inflammation/swelling  
 fracture (including suspected)  
 dislocation/subluxation  
 overuse injury to muscle or tendon  
 blisters  
 concussion  
 cardiac problem  
 respiratory problem  
 loss of consciousness  
 unspecified medical condition  
 other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**  
 collision with other rider/horse  
 collision with fixed object  
 fall from horse  
 kicked by horse  
 equipment failure (eg broken girth)  
 struck by ball or object  
 overexertion (eg muscle tear)  
 overuse  
 temperature related eg heat stress  
 other \_\_\_\_\_

**Explain exactly how the incident occurred**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Protective Equipment**  
 Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg knee guard, back brace, body protector.  
 \_\_\_\_\_

**Initial Treatment**  
 none given (not required)  
 RICER  dressing  
 sling, splint  crutches  
 massage  manual therapy  
 CPR  stretch/exercises  
 strapping/taping only  
 none given - referred elsewhere  
 other \_\_\_\_\_

**Advice Given**  
 immediate return unrestricted activity  
 able to return with restriction  
 unable to return at present time

**Referral**  
 no referral  
 medical practitioner  
 physiotherapist  
 chiropractor or other professional  
 ambulance transport  
 hospital  
 other \_\_\_\_\_

**Provisional severity assessment**  
 mild (1-7 days modified activity)  
 moderate (8-21 days modified activity)  
 severe (>21 days modified or lost)

**Treating person**  
 medical practitioner  
 physiotherapist  
 nurse  
 sports trainer  
 other \_\_\_\_\_

**Signature of treating person**  
 \_\_\_\_\_

**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_



# TENNIS INJURY REPORTING FORM

Name: \_\_\_\_\_ Initials: \_\_\_\_\_ Position: \_\_\_\_\_ Circle \_\_\_\_\_ Player/Umpire/Coach/Spectator \_\_\_\_\_  
 Team: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Venue/area at which injury occurred: \_\_\_\_\_  
 Gender: M  F

**Date of Injury** \_\_\_\_/\_\_\_\_/\_\_\_\_

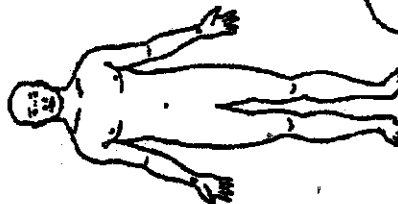
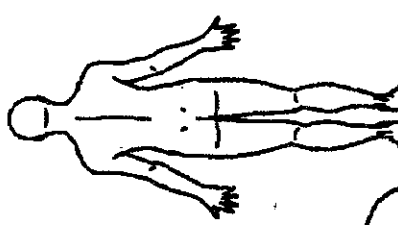
**Type of activity at time of injury**

training/practice  
 competition  
 social  
 other \_\_\_\_\_

**Reason for Presentation**

new injury  
 exacerbated/aggravated injury  
 recurrent injury  
 illness  
 other \_\_\_\_\_

**Body Region Injured**  
 Tick or circle body part/s injured & name

**Body part/s** \_\_\_\_\_

**Nature of Injury/Illness**

abrasion/graze  
 sprain eg ligament tear  
 strain eg muscle tear  
 open wound/laceration/cut  
 bruise/contusion  
 inflammation/swelling  
 fracture (including suspected)  
 dislocation/subluxation  
 overuse injury to muscle or tendon  
 blisters  
 concussion  
 hyperthermia, heat stress  
 cardiac problem  
 respiratory problem  
 loss of consciousness  
 unspecified medical condition  
 other \_\_\_\_\_

**Provisional diagnosis/es** \_\_\_\_\_

**CAUSE OF INJURY**

**Mechanism of Injury**

struck by ball or racquet  
 collision with other player  
 collision with fixed object, net, post  
 fall/stumble on same level  
 slip/trip  
 jumping to reach ball  
 fall from height/awkward landing  
 overexertion (eg calf muscle tear)  
 overuse (eg repetitive action in serve or backhand resulting in injury)  
 temperature related eg heat stress  
 other \_\_\_\_\_

**Explain exactly how the incident occurred**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Were there any contributing factors to the incident, unsuitable footwear, playing surface, equipment, foul play?**

\_\_\_\_\_  
 \_\_\_\_\_

**Protective Equipment**  
 Was protective equipment worn on the injured body part?  yes  no

If yes, what type eg tennis elbow brace, ankle brace, taping.

\_\_\_\_\_  
 \_\_\_\_\_

**Initial Treatment**

none given (not required)  
 on court, medical time out taken  
 trainer to court, no time out  
 RICER  dressing  
 sling, splint  crutches  
 massage  manual therapy  
 CPR  stretch/exercises  
 strapping/taping only  
 none given - referred elsewhere  
 other \_\_\_\_\_

**Advice Given**

immediate return unrestricted activity  
 able to return with restriction  
 unable to return at present time

**Referral**

no referral  
 medical practitioner  
 physiotherapist  
 chiropractor or other professional  
 ambulance transport  
 hospital  
 other \_\_\_\_\_

**Provisional severity assessment**

mild (1-7 days modified activity)  
 moderate (8-21 days modified activity)  
 severe (>21 days modified or lost)

**Treating person**

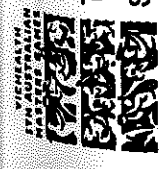
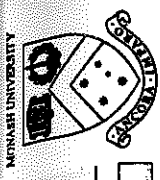
medical practitioner  
 physiotherapist  
 nurse  
 sports trainer  
 other \_\_\_\_\_

**Signature of treating person**

\_\_\_\_\_

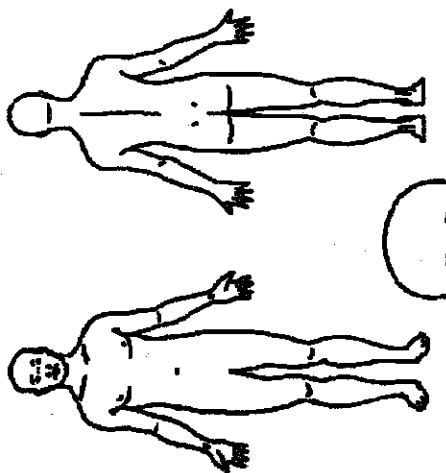
**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

# VicHealth 5th Australian Masters Games Injury Report Form



Today's date: \_\_\_/\_\_\_/1995 Time: \_\_\_:\_\_\_ a.m./p.m. Form Number: \_\_\_-\_\_\_-\_\_\_  
 Sport: \_\_\_ Venue: \_\_\_ Event: \_\_\_  
 No. of years this sport played \_\_\_ Age last birthday \_\_\_ (years) Sex: Male  Female  Country of Origin: \_\_\_-\_\_\_-\_\_\_

Patient's name: \_\_\_\_\_ Contact (local) address: \_\_\_\_\_ Contact phone number: \_\_\_\_\_

REASON FOR PRESENTATION	CAUSE OF INJURY	BODY REGION INJURED	TREATMENT AND ACTION
New injury <input type="checkbox"/> or aggravation of old injury <input type="checkbox"/> The injury occurred during training <input type="checkbox"/> competition <input type="checkbox"/> other <input type="checkbox"/> (specify _____)  Protective equipment, tape or support was used on the injured body part at the time of injury No <input type="checkbox"/> Yes <input type="checkbox"/> (specify _____)  Nature of Injury <input type="checkbox"/> abrasion/graze <input type="checkbox"/> concussion <input type="checkbox"/> fracture (including suspected) <input type="checkbox"/> inflammation <input type="checkbox"/> internal (within body e.g. muscle tear) <input type="checkbox"/> laceration/cut <input type="checkbox"/> sprain/strain <input type="checkbox"/> thermal related <input type="checkbox"/> other (specify _____)  <input type="checkbox"/> pre-existing condition or illness (specify _____)	Activity or movement at the time of injury _____ Environmental or play conditions at the time of injury? (specify _____) Cause of injury <input type="checkbox"/> aggravation of previous injury <input type="checkbox"/> collision with fixed object <input type="checkbox"/> collision with moving object or person <input type="checkbox"/> fall on same level <input type="checkbox"/> fall from height <input type="checkbox"/> heat exhaustion <input type="checkbox"/> overexertion <input type="checkbox"/> overuse <input type="checkbox"/> struck by person <input type="checkbox"/> struck by object <input type="checkbox"/> other (specify _____)  Explain exactly what went wrong when the injury occurred _____ _____ _____	Indicate with a cross on the following diagrams where the injury occurred and write in words the body parts injured.    Body parts _____ Provisional diagnoses _____ _____ _____ Name and signature of treating person _____ _____ _____	Treatment <input type="checkbox"/> none needed <input type="checkbox"/> none given - referred elsewhere <input type="checkbox"/> crutches, sling, etc. <input type="checkbox"/> medication (specify _____) <input type="checkbox"/> other (specify _____)  Action <input type="checkbox"/> immediate return to competition <input type="checkbox"/> unable to return to competition today <input type="checkbox"/> unable to return to competition for duration of games  Referral <input type="checkbox"/> none <input type="checkbox"/> to other sports medicine/health professional <input type="checkbox"/> taken to hospital <input type="checkbox"/> other (specify _____)  Provisional severity assessment <input type="checkbox"/> mild (no further treatment needed) <input type="checkbox"/> moderate (some further treatment needed) <input type="checkbox"/> severe (referral to hospital)  Treating person <input type="checkbox"/> doctor <input type="checkbox"/> physiotherapist <input type="checkbox"/> Red Cross <input type="checkbox"/> sports trainer <input type="checkbox"/> St. John Ambulance <input type="checkbox"/> other (specify _____)



# RECREATION & SPORTS INJURY DENTAL QUESTIONNAIRE

(to be completed by Dental Operator or Dental Assistant) ID Listing (Allocated institution number or initials) \_\_\_\_\_

Patient Details: Initials (3 please) \_\_\_\_\_ Age last birthday \_\_\_\_\_ Gender M / F \_\_\_\_\_ Residential Post code \_\_\_\_\_  
 Date of injury \_\_\_\_\_ Time of injury \_\_\_\_\_ (24-hr clock) \_\_\_\_\_ Date of presentation \_\_\_\_\_ Time of presentation \_\_\_\_\_ (24-hr clock) \_\_\_\_\_

**1. Reason for presentation (see definition)**

- New injury
- Exacerbated injury
- Recurrent injury
- Ongoing Treatment

**2. Activity /Sport when injured.**

---

**Was it ? (see activity coding guidelines)**

- AO Sport :Competition (go to Q3, Q4)
- BO Leisure: Social and informal sport
- CO Leisure Fitness activity
- DO Leisure Recreational activity
- EO Education

**Answers B to E go to Question 5**

**3. If organized sport:**

What grade was being played \_\_\_\_\_

Was it?

- Organized training
- Competition
- Informal training
- Other \_\_\_\_\_

**4. Time into sport/activity ?**

- Pre game
- Warm up
- Game
- Cool Down
- Post game

**5. Where did the injury happen ?**  
(See code list Domain)

Code \_\_\_\_\_

**6. Injury Factors.**

(See code list Factors ) May be multiple.  
Description (if necessary)

- a) Code \_\_\_\_\_
- b) Code \_\_\_\_\_
- c) Code \_\_\_\_\_

**7. Facial protective devices worn at the time of injury.**

- None
- Helmet without face mask
- Helmet with face mask
- Face mask
- Mouthguard (Boil and Bite Self Fitted or intra oral fitted by dental personnel )
- Mouthguard (Boil and bite Vacuum fitted with impression by Dental Personnel)
- Mouthguard (Dental professionally custom fitted)

**8. Mechanism of injury.**  
(See code Mechanism )  
Description if necessary

Code \_\_\_\_\_

**9. Injury sustained**  
(See code Diagnosis ) When multiple injuries have been sustained in the one event please indicate with X 2 etc.  
Site is to be used to record any teeth involved use FDI notation. Eg HG1a x 3, Site 12.11.21 for three avulsed teeth

- a) Code \_\_\_\_\_ Site \_\_\_\_\_
- b) Code \_\_\_\_\_ Site \_\_\_\_\_
- c) Code \_\_\_\_\_ Site \_\_\_\_\_

**10. Initial dental treatment.**  
(See code Treatment) Instructions as per Q9

- a) Code \_\_\_\_\_
- b) Code \_\_\_\_\_
- c) Code \_\_\_\_\_

RA or GA used (Circle if appropriate)

**11. Predicted time frame of loss of normal daily duties/ activities.**

- Nil
- One day or less
- A few days
- Up to a week
- Up to a month
- Several months

**12. At the time of injury was the patient wearing :**

- Bands / Braces
- Plate
- None of the above

Thankyou

# CODING QUICK GUIDE - DENTAL SURVEY

**(If description is not here please write a brief description in the space provided)**

Domain (Number 5)	Factors (Number 6)	Mechanisms (Number 8)	Diagnosis (Number 9)	Treatment (Number 10)
<u>Home</u> 10 indoors 16 garden 17 garage / driveway 18 swimming pool 19 other specified 20 unspecified	0549 bicycle 0601 ball 0609 other sporting projectiles (eg javelin, puck, discus)  0629 bat, racquet, hockey sticks etc 0630 field equipment (goal post, base stumps)  0632 surrounding equipment (eg fence signs, spectator seating) 0649 other object near playing field 0652 other players vehicle (bike, boat, car, surfboard) 0653 other players equipment 0699 other or unspecified sporting equipment  0811 climatic factor (wind, rain, sun, snow)  0832 dog 0833 horse 0899 other animal  0921 footwear 1124 floor wooden 1125 floor concrete 1126 synthetic surface 1127 grass surface  1423 wet and slippery ground conditions 1423 hard and compacted ground conditions  1510 prior injury 1511 pre existing medical condition	<u>Fall</u> 01 fall or stumble same level 02 fall, trip, slip on same or uneven level 03 fall on or from stairs 04 fall jump awkward landing from lesser height (<1metre) 05 fall, jump, awkward landing from greater height (>1metre)  09 unspecified fall  <b>Struck, hit by contact with other object, person or animal</b> 10 contact with moving object (bike, javelin, racquet, ball) 11 contact with static object (fence, equipment, posts) 12 contact with person (player, umpire, spectator) 13 contact with animal (dog, horse) 19 unspecified contact 24 friction, eg blisters  <b>Acute over-exertion of body or body part</b> 80 sudden deceleration/acceleration 81 twisting/pivoting 82 repetitive trauma, overuse	HF3 fractured mandible HF4 fractured maxilla HF5 alveolar bone fracture HG1a avulsed tooth HG1b displaced tooth HG1c fractured tooth (no pulp exposure) HG1d fractured tooth (pulp exposure) HG1e obvious cracks in tooth but no missing pieces HG1f subluxed / concussed tooth but not displaced HD1 dislocated temporomandibular joint HJ1 sprained temporomandibular joint HH1 head/face haematoma HK2 facial laceration / abrasion ZK1 intra oral laceration to tongue ZK2 intra oral laceration to gingive or palate	<u>Teeth</u> T1 reposition and splint displaced tooth T2 restore fractured tooth T3 root canal treatment commenced T4 radiographic examination T5 referral to specialists  <u>Soft Tissues</u> S1 sutures S2 swelling management  <u>Bones</u> B1 referral to surgeon B2 radiographic examination B3 splinting and stabilisation
<u>Residential Institution</u> 21 - 29				
<u>Medical Service Area</u> 31 - 39				
<u>School / Edn area</u> 41 School, university 42 Day care 48 Other specified education area 49 Unspecified education area				
<u>Sport and athletic area</u> 51 Sports ground (outside) 52 Sport hall (inside) 53 Public swimming centre 54 Racetrack 55 Riding School 56 Skating rink 58 Other specified sports area 59 Unspecified sports area				
<u>Transport area</u> 61 Roadway 62 Sidewalk 63 Cycleway				
** see booklet for other codes				
<b>Number 5</b>				
<b>If Code NOT listed or unsure then write description</b>				
<b>If Code NOT listed or unsure then write description</b>				
<b>If Code NOT listed or unsure then write description</b>				